

# St. Helen Church



Opened - October 2, 1938

4106 Mountain St.  
Beamsville, ON L3J 0K9

Ph: 905-562-7427

Fax: 905-563-0003

Email: [office@sthelenscatholic.ca](mailto:office@sthelenscatholic.ca)



Est. as a Parish - January 1, 1986

**Pastor:** Rev. Krzysztof Szczepanik

**Office Administration:** Shannon Deveau-Patrick

## Office hours:

Tuesday, Wednesday & Friday 10:00am - 2:00pm  
Closed on Mondays, Thursday and all Statutory holidays

**Website:** [www.sthelenscatholic.ca](http://www.sthelenscatholic.ca)

**Facebook Page:** [www.facebook.com/sthelenscatholic](http://www.facebook.com/sthelenscatholic)

## Sunday Masses:

Saturday: 5:00pm

Sunday: 9:00am & 11:00am

## Weekday Masses:

Tuesday - Friday: 9:00am

(unless otherwise posted in the bulletin)

## Adoration:

Daily after morning Mass weekdays

## Sacraments

### Baptism:

1st & 3rd Sunday at 12:30 pm  
Call parish office.

### 1st Communion & Confirmation

Contact the Parish Office.

### Reconciliation:

Every Saturday 4:00pm - 4:30pm or by  
appointment with the priest.

### Marriage:

Arrangements six months in advance.  
Marriage preparation is required.

### RCIA & RCIC:

Contact the Parish Office.

### Anointing of the Sick:

Please let us know when someone has  
a serious or prolonged illness or is to  
have surgery. This sacrament  
celebrates the healing of mind and  
body and the forgiveness of sins.

### Catholic Funeral Rites:

When a death occurs in your family,  
please call the Parish Office and we  
will assist you in making the  
necessary liturgical arrangements.

### Chronic Care Facilities:

Pastoral visits are made monthly.  
Reception of Holy Communion is  
available to residents.

### Homebound:

Notify the Parish Office when serious  
illness occurs. When the sick, aged or  
incapacitated are confined to home for  
an extended time, pastoral visit can be  
arranged.

## Schools

### St. Mark School

Principal: Jennifer DeCoff  
Vice-Principal: Joe Tolomeo

### St. Edward School

Principal: Maria Romano

## Contacts

### Music Ministry:

Anthony van Engelen  
[advel@yahoo.com](mailto:advel@yahoo.com)

### Ministry Scheduling & RFM:

Rebecca Williams ~ [ministryscheduling@sthelenscatholic.ca](mailto:ministryscheduling@sthelenscatholic.ca)

### Fundraising Events:

[office@sthelenscatholic.ca](mailto:office@sthelenscatholic.ca)

### Facility & Grounds Maintenance:

Craig Luey  
[craig.luey@gmail.com](mailto:craig.luey@gmail.com)

### Catholic Women's League:

Anna Sabucco  
[asabucco@hotmail.com](mailto:asabucco@hotmail.com)

### Knights of Columbus:

Ray Francoeur  
[avalanche1950@yahoo.com](mailto:avalanche1950@yahoo.com)  
289-700-6342

### SVDP:

Lorraine Martin ~ *contact parish office*

### Prayer Warriors/Requests:

Sandra Mactaggart ~  
[sandbmac@gmail.com](mailto:sandbmac@gmail.com)

*Kindly complete the following and place in the collection box.*

*Envelopes will be on the round table in the foyer the following weekend.*

New Parishioner\*

Name \_\_\_\_\_

Address \_\_\_\_\_

I would like to use offertory envelopes\*

Change of address

Phone \_\_\_\_\_

Moving

E-mail \_\_\_\_\_

City \_\_\_\_\_

Postal Code \_\_\_\_\_

# 3rd Sunday in Lent - Year B

## March 3, 2024

### Mass Intentions March 5-10, 2024

As we gather, let us remember and pray for . . .

|                                    |  |  |
|------------------------------------|--|--|
| Tue.~<br>6:00pm                    | ..... Mar. 5th<br>+ Marie Turner<br><i>(by Christine Bonehill)</i>                   |  |
| Wed. ~<br>9:00am                   | ..... Mar. 6th<br>Special Intent. of Don Smith & Family<br><i>(by Nancy Winslow)</i> |  |
| Thurs.<br>9:00am                   | ..... Mar. 7th<br>+ Antonio & Ciriaco D'Archi<br><i>(by Maria D'Archi)</i>           |  |
| Fri.<br>10.00am<br><b>Albright</b> | ..... Mar. 8th<br>+ Dinie Mensink<br><i>(by Mary Smeenk)</i>                         |  |
| Sat.<br>5:00pm                     | ..... Mar. 9th<br>Pro Populo   |  |
| Sun. ~<br>9:00am                   | ..... Mar. 10th<br>+ Cecilia Nguyen<br><i>(by Family)</i>                            |  |
| 11:00am                            | + Joseph Ernest Brunet<br><i>(by Shirley Brunet &amp; Family)</i>                    |  |



This week the Sanctuary Lamp burns in  
memory of

**NINA FRACCHIONI**

The Sanctuary Lamp burns to remind us of  
Christ's presence in the Blessed Sacrament of the altar.

### SANCTUARY LAMP

We have an opening for the Sanctuary Lamp for **May 12, 2024**. If you would like to book the lamp in memory of your loved one or any intention please contact the office sooner rather than later as the year is filling up. Cost is \$35.00 per week.

### DIOCESAN SEPARATED & DIVORCED HEALING MINISTRY SUPPORT GROUP

Meetings are on the second and fourth Monday of the month (except holidays from 7:00pm to 9:00p.m. at Mount Carmel Spiritual Centre, Niagara Falls. Meetings are held both in person at Mount Carmel and virtually via Zoom platform. **Next meeting March 11- Topic: Learning to forgive.** To register for virtual attendance, or for more info, call 05-684-0154 or email [separatedanddivorced@saintcd.com](mailto:separatedanddivorced@saintcd.com).



**PREAUTHORIZED DEBIT (PAD)** is offered for our Mortgage Debt Reduction. If you are interested in using this convenient way to make your offerings to the church, please fill the card which you can find in the pew or call the parish office directly. These donations are processed once a month, on or about the 15th of each month.

### POPE FRANCIS' MARCH INTENTION

*For the New Martyrs*

We pray that those around the world who risk their lives for the Gospel, will inspire with their courage and missionary work.

### OUR CONDOLENCES

Our condolences and prayers are extended to the family and friends who mourn the loss of:

**ARNOLD HENDRIKS**



*Eternal rest grant unto her, O Lord, and let perpetual light shine upon her. May she rest in peace. Amen.*

### WEDNESDAY EVENING FELLOWSHIP

Please join us Wednesday **MARCH 6** for the Metanoia video series. We meet from **7:00pm to 8:30pm** in the Angelina Prokich Memorial Great Hall for an evening of light treats, a short video, and a discussion with old and new friends. Whether you are able to join us for 1 or all 10 evenings, know you will always be welcome. For more information please contact Kelly at [sthelensalpha@gmail.com](mailto:sthelensalpha@gmail.com)



### **THURSDAY MORNING BINGO**

**In the St. Helen Church Hall  
4106 Mountain Rd., Beamsville, ON  
Doors open at 10:00am, Bingo games start at 11:00am  
Delicious Lunch Available**

### **FRIDAY EVENING BINGO**

**Pizza available at 6pm, games start at 7:00pm**



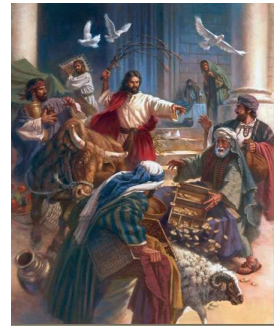
## THIRD SUNDAY OF LENT

The Law was given through Moses. (*Exodus 20*)  
We proclaim Christ crucified, a stumbling block to some,  
but to those who are the called, the wisdom of God.

(*1 Corinthians 1*)

Destroy this temple, and in three days I will raise it up.

(*John 2*)



In the temple precincts of our lives are “money changers” and connivers – fear, ambition, addictions, selfishness, prejudice – that distort the meaning of our lives and debase our relationships with God and with one another.

Lent is a time to invite the “angry” Jesus of today’s Gospel into our lives to drive out those things that make our lives less than what God created them

to be. To raise one’s voice against injustice, to stand up before the powerful on behalf of the weak, to demand accountability of those who exploit and abuse others for their own gain is to imitate the “holy” anger of Christ. Our late winter yearning for the newness, freshness, warmth and light of spring mirrors Jesus’ angry expulsion of the merchants from the temple. Christ comes to bring newness to humankind, to bring a springtime of hope to a people who have lived too long in a winter of alienation and despair.

### CWL NEWS

Ladies, our next meeting will be held after  
6:00pm Mass on **Tuesday, March 5<sup>th</sup>** at  
**7:00pm**. Please join us for a presentation by our own dear  
Fr. Krzysztof!



Donations to Start Me Up Niagara would be much appreciated.

### NIAGARA FOUNDATION FOR CATHOLIC EDUCATION ANNUAL GALA

*HONOURARY GUEST BISHOP GERARD BERGIE*

**Thursday, March 21, 2024, Club Roma Event Centre, 6:00 pm. Tickets \$100/pp.** Online payment can be made at [www.niagaracatholic.ca](http://www.niagaracatholic.ca) or by cheque payable to the Niagara Foundation for Catholic Education. **Please make payment by March 13, 2024.** For further information (905) 735-0240, ext. 214 or email [linda.marconi@ncdsb.com](mailto:linda.marconi@ncdsb.com)

**CATHOLIC ENGAGED ENCOUNTER (CEE)** is a Diocesan-approved marriage preparation program that provides quality marriage preparation in a weekend retreat format. The weekend is open to any engaged couple wanting to prepare for a deeper, more meaningful life together and who are considered free to marry according to the teachings of the Roman Catholic Church. The current CEE weekend schedule for the Diocese of St. Catharines is **May 3-5, 2024** and **September 13-15, 2024** at Jericho House (10845 Rathfon Rd, Port Colborne). The cost is \$425.00 which includes all administration fees, accommodations, and meals. Please visit [www.ceeest.org](http://www.ceeest.org) for more information and to register.

## RETRouvaille WEEKEND

Support for your Marriage-This weekend purpose is to help couples restore their marriage and rebuild a loving relationship. Next Retrouvaille weekend is **March 8-10**, For more information, call 905-664-5212 or email [teamrecine@gmail.com](mailto:teamrecine@gmail.com)

### 10TH NATIONAL EUCHARISTIC CONGRESS

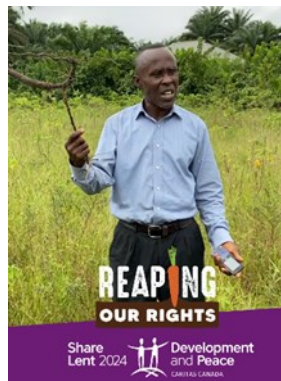
Diocesan Bus Trip to the National Eucharist Congress being held in Indianapolis, Indiana. A commitment of at least 50 people is needed to continue with the trip’s planning. Interested individuals may contact Terri at the Family and Youth office, 905-684-0154 ext. 209.

### CATHOLIC MEN’S SPEAKER SERIES

Gentlemen of all ages are invited to attend a spiritual talk & participate in an activity to strengthen our faith. To be hosted monthly, each night will consist of a 1-hour talk & a 1-hour social with refreshments. Next date listed below; more to come! Church opens for private prayer at 7:00pm, talk starts at 7:30pm:

**TUESDAY MAR 12** at Sts. Cyril & Methodius Church (14 Rolls Ave., St Catharines) with Fr. Jerry Lazoryk

- Persevering in the Faith: exercising & flexing our spiritual muscles
- Navigating the grind of spiritual growth one step at a time
- Blessing of St. Benedict medals (bring some!)



### DENOUNCING OIL POLLUTION IN NIGERIA

Nigeria is Africa’s largest economy and biggest oil producer. Despite oil exports worth billions of dollars, millions of Nigerians remain in poverty and face food insecurity. In the south, pollution and contamination by the oil industry are causing great hardship.

Development and Peace — Caritas Canada’s partner Health of Mother

Earth Foundation (HOMEF) defends farmers’ rights and helps protect their lands.

To learn more about the work of HOMEF, read our Mini-magazine and watch the video at [devp.org/lent](http://devp.org/lent).



**PARISH BREAKFAST**~ Sunday, March 17, 2024, after 9:00am Mass. Join us for breakfast on St Patrick’s Day. There will be no charge for the breakfast. (Freewill offering accepted for those who are able). Please **sign up in advance** so we know how many people to cook for. Sign up sheet is at the back of the church.

**LENTEN PRAYER** Please join us for Lenten Prayer with Songs of Taize on **Saturday, March 9<sup>th</sup>** at Mount Carmel Monastery from **1:30pm-3:00pm**. For more information contact Eunji Kim at [eunji@fountaintree.ca](mailto:eunji@fountaintree.ca)

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**MARIO DURAND**  
District Deputy

In service to one, in service to all.

District #6      5030 Chestnut Crt  
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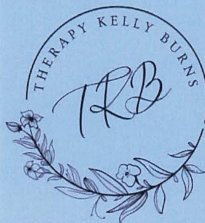


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**Kelly Burns**  
MSW RSW  
Psychotherapist

[www.therapykb.ca](http://www.therapykb.ca)  
[kelly@therapykb.ca](mailto:kelly@therapykb.ca)  
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**Joanna Suchecki RN BScN**

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[www.kirkpatrickstoneworks.com](http://www.kirkpatrickstoneworks.com)



**John (JD) Pachereva**  
Councillor

[jdpachereva@lincoln.ca](mailto:jdpachereva@lincoln.ca)  
905-563-2799 ext. 306 cell 905-933-1333  
4800 South Service Rd., Beamsville, ON L0R 1B1

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**AJ Chase**, B. Comm, PFP, CIM, CPCA  
Portfolio Manager  
Senior Wealth Advisor  
905.540.7172  
[aj.chase@scotiawealth.com](mailto:aj.chase@scotiawealth.com)  
[AJChaseFinancial.com](http://AJChaseFinancial.com)

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