

# St. Helen Church



Opened - October 2, 1938

4106 Mountain St.  
Beamsville, ON L3J 0K9

Ph: 905-562-7427  
Fax: 905-563-0003  
Email: [sthelen@saintcd.com](mailto:sthelen@saintcd.com)



Est. as a Parish - January 1, 1986

**Pastor:** Rev. Krzysztof Szczepanik

**Office Administration:** Patti Belancic

**Book keeping:** Lidia Molinaro

**Office hours:**

Monday: 10:00am - 12:00pm

Tuesday - Friday: 10:00am - 2:00pm

Closed all Statutory holidays

**Website:** [www.sthelenscatholic.ca](http://www.sthelenscatholic.ca)

## Sacraments:

**Baptism:**

Sundays at 12:30pm

Call parish office.

## **1st Communion & Confirmation**

Contact the Parish Office.

## **Reconciliation:**

Every Saturday 4:00pm - 4:30pm or by appointment with the priest.

## **Marriage:**

Arrangements six months in advance.

Marriage preparation is required.

## **RCIA & RCIC:**

Contact the Parish Office.

## **Anointing of the Sick:**

Please let us know when someone has a serious or prolonged illness or is to have surgery.

## **Chronic Care Facilities:**

Pastoral visits are made monthly.

Reception of Holy Communion is available to Catholic residents.

## **Catholic Funeral Rites:**

When a death occurs in your family, please call the Parish Office and we will assist you in making the necessary liturgical arrangements.

## **Homebound:**

Notify the Parish Office when serious illness occurs. When the sick, aged or incapacitated are confined to home for an extended time, pastoral visit can be arranged.

## Schools:

### **St. Mark School**

Principal: Jennifer DeCoff  
Vice-Principal: Mary Lee Kelly

### **St. Edward School**

Principal: Jeff Moccia

## Contacts:

### **Music Ministry:**

Anthony van Engelen  
[adve1@yahoo.com](mailto:adve1@yahoo.com)

## **Sunday Masses:**

Saturday: 5:00pm

Sunday: 9:00am & 11:00am

## **Weekday Masses:**

Tuesday - Friday: 9:00am

(unless otherwise posted in the bulletin)

## **Adoration:**

Daily after morning Mass weekdays

## **Ministry Scheduling & RFM:**

Georgina Belanger ~ [sthelenministryscheduling@gmail.com](mailto:sthelenministryscheduling@gmail.com)

## **Fundraising Events:**

[sthelen@saintcd.com](mailto:sthelen@saintcd.com)

## **Facility & Grounds Maintenance:**

Craig Luey  
[craig.luey@gmail.com](mailto:craig.luey@gmail.com)

## **Catholic Women's League:**

Alda Bianco-Dolino  
[cwlsc005@gmail.com](mailto:cwlsc005@gmail.com)

## **Knights of Columbus:**

Al Rizzuto  
[ajrbruins4@gmail.com](mailto:ajrbruins4@gmail.com)  
289-983-7305

## **SVDP:**

Lorraine Martin ~ contact parish office

## **Prayer Warriors/Requests:**

[st.h.prayerwarriors@gmail.com](mailto:st.h.prayerwarriors@gmail.com)

## **Parish Pastoral Council:**

Chairperson: Anthony van Engelen  
[st.helen.ppc@gmail.com](mailto:st.helen.ppc@gmail.com)

*Kindly complete the following and place in the collection box.*

*Envelopes will be on the round table in the foyer the following weekend.*

**New Parishioner\***

**Name** \_\_\_\_\_

**Address** \_\_\_\_\_

**I would like to use offertory envelopes\***

**Change of address**

**Phone** \_\_\_\_\_

**Moving**

**E-mail** \_\_\_\_\_

**City** \_\_\_\_\_

**Postal Code** \_\_\_\_\_

# Sixth Sunday in Ordinary Time - Year A

## February 15, 2026

### Mass Intentions

February 17 - 22, 2026

As we gather, let us remember and pray for . . .

Tue. ~	.....	Feb. 17th
9:00am	+ Rose Barrington (by Carol Harry)	
Wed. ~	..... <b>Ash Wednesday</b>	<b>Feb. 18th</b>
9:00am	+ Father Jan Borzencki (by Maria Kubat)	
<b>10:30am</b>	St. Mark's Ash Wednesday Liturgy	
<b>11:45am</b>	St. Mark's Ash Wednesday Liturgy	
<b>1:00pm</b>	St. Edward's Ash Wednesday Liturgy	
<b>7:00pm</b>	+ Elliot Vilenneuve (by Yvonne McNiven)	
Thurs. ~	.....	<b>Feb. 19th</b>
9:00am	In Honour of Padre Pio (by Andrea & Terese Cipro)	
9:30am	<b>Stations of the Cross</b>	
Fri. ~ 	.....	<b>Feb. 20th</b>
10:00am	+ Barbara Hack (by Collen Drake)	
<b>Menno</b>		
Sat. ~	.....	<b>Feb. 21st</b>
<b>5:00pm</b>	Pro Populo Dei	
Sun. ~	..... <b>First Sunday of Lent</b>	<b>Feb. 22nd</b>
9:00am	+ Cathy MacNiven (by Yvonne MacNiven)	
<b>11:00am</b>	Holy Souls in Purgatory (by Kate D'Onofrio)	

To receive the weekly bulletin via email, make your request by email: [stheLEN@saINTCD.com](mailto:stheLEN@saINTCD.com)

Check us out: [www.stheLENcatholic.ca](http://www.stheLENcatholic.ca)  
[www.facebook.com/stheLENcatholic](http://www.facebook.com/stheLENcatholic)

### POPE LEO XIV FEBRUARY INTENTION

*For children with incurable diseases*

Let us pray that children suffering from incurable diseases and their families receive the necessary medical care and support, never losing strength and hope.

### OFFERTORY ENVELOPES

2026 envelopes are available at our upon request.  
Please contact our parish office.



Adoration of the Blessed Sacrament this week on Tuesday after **9:00am** Mass and Thursday at **7:00pm**

**This week the Sanctuary Lamp burns for special intentions of HENDRIKS & VAN DER ZALM FAMILIES**

The Sanctuary Lamp burns to remind us of Christ's presence in the Blessed Sacrament of the altar.

### SANCTUARY LAMP

Next available openings are on **July 12, Aug 9 & 16**. If you would like to book the lamp in memory of your loved one or any intention please, contact our parish office. Cost is \$35.00 per week.

### DIOCESAN SEPARATED & DIVORCED HEALING MINISTRY SUPPORT GROUP

We meet every second and fourth Monday at Mount Carmel Spiritual Centre.

**Next Meeting: February 23, 2026 from 7:00-9:00pm**  
**Topic: What Is Forgiveness**

For more information please call 905-356-4113 or email: [separateanddivorced@saintcd.com](mailto:separateanddivorced@saintcd.com)

### LENTEN RETREAT



**Praying  
Fasting  
Almsgiving**

**Saturday, February 21st (max 60 people) or  
Wednesday, February 25th (max 100 people)**

**Location:** Mount Carmel  
7020 Stanley Avenue, Niagara Falls  
Please arrive between 8:00a.m. - 8:45a.m.  
**Starts at 9:00a.m.** - bring a Rosary and journal!  
**Cost \$50.00** per person (includes lunch)  
*(no afternoon session; Retreat ends after lunch)*  
**Guest Speaker:** Father Patrick Gilmurray,  
St. Michael, Fort Erie

**Topic:** Stewardship of the Spiritual Weapons of Lent  
Send e-transfer to: [dina.marchionda@gmail.com](mailto:dina.marchionda@gmail.com)

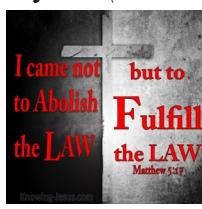


**THURSDAY MORNING BINGO**  
In the St. Helen Church Hall  
4106 Mountain Rd., Beamsville, ON  
Doors open at 10:00am, Bingo games start at 11:00am  
Delicious Lunch Available

**FRIDAY EVENING BINGO**  
Pizza available at 6:00pm, games start at 7:00pm

## SIXTH SUNDAY IN ORDINARY TIME

The Lord has not commanded anyone to be wicked. (*Sirach 15*) God decreed wisdom before the ages for our glory. *1 Corinthians* You have heard what was said to those of ancient times; but I say to you ... (*Matthew 5*)

  
By our compassion and caring for others, by our ethical and moral convictions, by our sense of awareness and gratitude for all that God has done for us, we do the great work of passing on the Gospel of reconciliation and justice – and God is with us as we struggle to figure out and explain the complexities and struggles of life for the benefit of ourselves and our children and those who overwhelmed by it all who come to us for help.

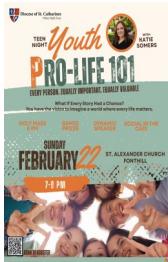
In today's Gospel, Jesus speaks of "fulfilling" the Law - not abolishing it. Jesus seeks to restore the spirit of mercy, justice and reconciliation that gives meaning and direction to every just legal code, challenging us to look beyond legalisms and social and cultural yardsticks - and our own narrow interests - to recognize people in need and our responsibility as followers of Jesus to seek them out, to advocate for them, to welcome them.

Faith begins in the heart, Jesus says. What we say, what we do, what we decide, are all responses to the God who speaks to us in the depths of our hearts, the God in whose image and likeness we have been created. Christ speaks not of rules and regulations but the much deeper and profound values of the human heart.

The truth is not contained in laws, oaths, statistics or rituals but in the Spirit of God that prompts us to make the decisions we make, the wisdom that leads us to the enactment of just laws and the celebrations of rituals that meaningfully remember and celebrate God's great love for us.

In his Sermon on the Mount, Jesus asks us to consider the weight and meaning of what we say – and to realize the chasm that often exists between our words and our actions.

### TEEN NIGHT YOUTH PRO-LIFE 101



Youth leaders at the Diocese of St. Catharines are hosting a "Pro-Life 101" night for high school students in the Niagara Region. The event will be held on **Sunday, February 22** at **St. Alexander Church in Fonthill**.

Katie Somers of Toronto Right to Life will be the guest speaker. There will be **Holy Mass at 6:00pm**, Games & Prizes & Social in the Café. **ALL ARE WELCOME !!!**

### CHOOSE LIFE NIAGARA ANNUAL DINNER

Abortion survivor Lauren Eden will share her powerful story of discovering the truth of her survival, finding healing and learning that God's purposes are never thwarted by human plans. Please Come Join Us !!!

**Date:** Saturday, March 7, 2026

**AGM:** 4:30pm

**Reception:** 5:00pm

**Dinner:** 6:00pm

**Location:** Club Roma

125 Vansickle Rd., St. Catharines

**Tickets:** Adults \$60, Students \$30

\* Purchase Tickets at: [www.chooselife.ca/events](http://www.chooselife.ca/events) \*

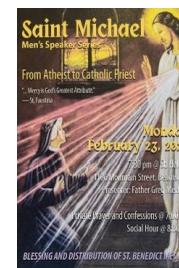
## NIAGARA FOUNDATION FOR CATHOLIC EDUCATION BENEFIT GALA

It's an enjoyable evening with a delicious dinner and great fellowship that brings together a large cross section of the Niagara community including, clergy, religious, educators, local politicians, community association groups and businesses all in support of students in need outreach programs and scholarships for students attending Niagara Catholic District School Board schools. The Niagara Foundation for Catholic Education has scheduled its Annual Benefit Gala with honourary guest His Excellency Bishop Gerard Bergie for

**Thursday, March 5th** at Club Roma, 125 Vansickle Road, St. Catharines. The Gala also features presentation of the Niagara Catholic Education Award of Distinction with recipient/recipients being recognized for having made a significant and positive contribution to Catholic education in Niagara.

Purchase the ticket by **February 23** on line at [www.niagaracatholic.ca](http://www.niagaracatholic.ca)

### SAINT MICHAEL MEN'S SPEAKER SERIES



**Speaker:** Fr. Greg Merkley

**Subject:** From Atheist to Catholic Priest  
"Mercy is God's Greatest Attribute." - St. Faustina

**Date:** Monday, February 23, 2026

**Private Prayer and Confessions:** 7:00pm

**Talk:** 7:30 pm

**Social Hour:** 8:30pm

**Location:** St. Helen's Parish

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### 40 DAYS FOR LIFE

The 40 Days for Life, a campaign of peaceful prayer and fasting to end abortion, runs from Ash Wednesday, **Feb. 18** until Palm Sunday, **Mar. 29**. You're invited to choose an hour to stand and peacefully pray in the public right-of-way outside the Greater Niagara General Hospital. Can you spare one hour to help save a life? **Many babies have been saved through the 40 Days for Life. When you stand before God, will you be able to tell Him you stood up for His children?** You can also go to [40daysforlife.com](http://40daysforlife.com) and click on Niagara to sign up.



### LIFT JESUS HIGHER RALLY 2026



**NO GREATER LOVE** 35th anniversary will take place on: **Saturday, March 14, 2026 from 9:00am to 5:30pm at the Metro Toronto Convention Centre.** The day will consist of compelling talks, spirit-filled praise and worship, Adoration, with guest speakers, Ralph Martin, Sr. Mary Gabriel, SV, Peter Herbeck, Pete Burak and others. The day will feature two simultaneous events: a youth rally (ages 13-18) and an adult rally. Adult Rally \$49, Youth Rally \$25. For further information: [ljhr@renewalministries.net](mailto:ljhr@renewalministries.net) or call: (647) 559-8384



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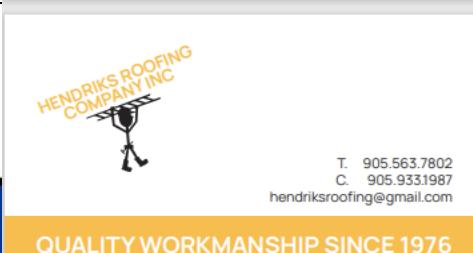
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**John (JD) Pachereva**  
Councillor

[jpachereva@lincoln.ca](mailto:jpachereva@lincoln.ca)  
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