

# St. Helen Church



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Email: [sthelen@saintcd.com](mailto:sthelen@saintcd.com)



Opened - October 2, 1938

Est. as a Parish - January 1, 1986

**Pastor:** Rev. Krzysztof Szczepanik

**Office Administration:** Patti Belancic

**Book keeping:** Lidia Molinaro

## Office hours:

Monday: 10:00am - 12:00pm

Tuesday - Friday: 10:00am - 2:00pm

Closed all Statutory holidays

**Website:** [www.sthelenscatholic.ca](http://www.sthelenscatholic.ca)

## Sunday Masses:

Saturday: 5:00pm

Sunday: 9:00am & 11:00am

## Weekday Masses:

Tuesday - Friday: 9:00am

(unless otherwise posted in the bulletin)

## Adoration:

Daily after morning Mass weekdays

## Sacraments:

### Baptism:

Sundays at 12:30pm

Call parish office.

### 1st Communion & Confirmation

Contact the Parish Office.

### Reconciliation:

Every Saturday 4:00pm - 4:30pm or by appointment with the priest.

### Marriage:

Arrangements six months in advance.

Marriage preparation is required.

### RCIA & RCIC:

Contact the Parish Office.

### Anointing of the Sick:

Please let us know when someone has a serious or prolonged illness or is to have surgery.

### Chronic Care Facilities:

Pastoral visits are made monthly.  
Reception of Holy Communion is available to Catholic residents.

### Catholic Funeral Rites:

When a death occurs in your family, please call the Parish Office and we will assist you in making the necessary liturgical arrangements.

### Homebound:

Notify the Parish Office when serious illness occurs. When the sick, aged or incapacitated are confined to home for an extended time, pastoral visit can be arranged.

## Schools:

### St. Mark School

Principal: Jennifer DeCoff

Vice-Principal: Mary Lee Kelly

### St. Edward School

Principal: Jeff Moccia

## Contacts:

### Music Ministry:

Anthony van Engelen

[advel@yahoo.com](mailto:advel@yahoo.com)

### Ministry Scheduling & RFM:

Georgina Belanger ~ [sthelenministryscheduling@gmail.com](mailto:sthelenministryscheduling@gmail.com)

### Fundraising Events:

[sthelen@saintcd.com](mailto:sthelen@saintcd.com)

### Facility & Grounds Maintenance:

Craig Luey

[craig.luey@gmail.com](mailto:craig.luey@gmail.com)

### Catholic Women's League:

Alda Bianco-Dolino

[cwls005@gmail.com](mailto:cwls005@gmail.com)

### Knights of Columbus:

Al Rizzuto

[ajrbruins4@gmail.com](mailto:ajrbruins4@gmail.com)

289-983-7305

### SVDP:

Lorraine Martin ~ *contact parish office*

### Prayer Warriors/Requests:

[st.h.prayerwarriors@gmail.com](mailto:st.h.prayerwarriors@gmail.com)

### Parish Pastoral Council:

Chairperson: Anthony van Engelen

[st.helen.ppc@gmail.com](mailto:st.helen.ppc@gmail.com)

*Kindly complete the following and place in the collection box.*

*Envelopes will be on the round table in the foyer the following weekend.*

New Parishioner\*

Change of address

Moving

Name \_\_\_\_\_

Phone \_\_\_\_\_

E-mail \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

I would like to use offertory envelopes\*

Postal Code \_\_\_\_\_

# Palm Sunday of the Passion of Our Lord - Year A

## March 29, 2026

### Mass Intentions March 31 - April 5, 2026

As we gather, let us remember and pray for . . .

Tue.~	.....	Mar. 31st
9:00am	+ Bernardo Bonehill <i>(by Christina Bonehill)</i>	
Wed. ~	.....	Apr. 1st
9:00am	+ Gino Francavilla <i>(by Pat &amp; George Savage)</i>	
Thurs.~	.....	Apr. 2nd
7:00pm	<b>HOLY THURSDAY</b> All Pastors of St. Helen Parish, living and deceased	
Fri. ~	.....	Apr. 3rd
3:00pm	<b>PASSION of the LORD</b> <b>Good Friday Service</b>	
4:30pm	<b>Poor Men's Lunch</b>	
6:00pm	<b>Stations of the Cross</b>	
Sat. ~	.....	Apr. 4th
11:00am	<b>HOLY SATURDAY</b> Blessing of the Food	
8:00pm	Pro Populo Dei	
Sun. ~	.....	Apr. 5th
9:00am	+ Maria Armandina Da Silva <i>(by Cristina Badia)</i>	
11:00am	+ John Fracchioni <i>(by Fracchioni Family)</i>	



This week the Sanctuary Lamp burns in memory  
of the deceased members of the  
**BURNS FAMILY**

The Sanctuary Lamp burns to remind us of Christ's  
presence in the Blessed Sacrament of the altar.

### SANCTUARY LAMP

Next available openings are on **August 16, 23, & 30**.  
If you would like to book the lamp in memory of your  
loved one or any intention please, contact our parish  
office. Cost is \$35.00 per week.

### DIOCESAN SEPARATED & DIVORCED HEALING MINISTRY SUPPORT GROUP

We meet every second and fourth Monday at Mount  
Carmel Spiritual Centre.

**Next Meeting: April 13, 2026 from 7:00-9:00pm**

**Topic: Identifying Our Losses**

For more information please call 905-356-4113 or  
email: [separateanddivorced@saintcd.com](mailto:separateanddivorced@saintcd.com)



Adoration of the Blessed Sacrament this  
week on Tuesday and  
Wednesday after **9:00am** Mass

### ARE YOU REGISTERED IN OUR PARISH?

If you are new to the parish or have been attending Mass here, ensure that you are registered by completing the tear off section at the front of this bulletin. Please do not take for granted that you are registered in the parish just because you attend Mass here. In the future, should you be in need of a pastoral letter (godparent, school, sponsor for confirmation, teacher referral, etc.), it would be difficult to issue one if you are not formally registered with the parish. If you are not sure that your family is registered, call or email the office.

### POPE LEO XIV APRIL INTENTION

*For priests in crisis*

Let us pray for priests going through moments of crisis in their vocation, that they may find the accompaniment they need and that communities may support them with understanding and prayer.

### PRAYER SHAWL MEETIG



There will be a Prayer Shawl meeting on **Tuesday, March 31 at 10:00am** in the church hall. The lower door will be unlocked. **All are welcome!!!**

### CHRISM MASS CELEBRATION

This beautiful Mass offers us the opportunity to deepen our appreciation of the priesthood and the sacramental life of the Church as oils are blessed and priestly commitment is renewed. We will gather as clergy and parishioners from across this great Diocese to celebrate our faith in a spirit of unity and true joy during Holy Week on:

**TUESDAY, MARCH 31 at the Cathedral of St. Catherine of Alexandria at 7:30 pm**



**NO BINGO THIS WEEK**

## PALM SUNDAY

God's servant knows how to hear and speak (*Isaiah 50*)  
God exalted Jesus, who emptied himself. (*Philippians 2*)  
The Passion of our Lord, Jesus Christ. (*Matthew 26*)



There is a certain incongruity about today's Palm Sunday liturgy. We begin with a sense of celebration: we carry palm branches and echo the Hosannas (from the

Hebrew "God save [us]") shouted by the people of Jerusalem as Jesus enters the city. But Matthew's account of the Passion confronts us with the cruelty, injustice and selfishness that lead to the crucifixion of Jesus. We welcome the Christ of victory, the Christ of Palm Sunday – but we turn away from the Christ of suffering and of the poor, the Christ of Good Friday. These branches of palm are symbols of that incongruity that often exists between the faith we profess on our lips and the faith we profess in our lives.

The Gospel calls us to take on what Paul calls the "attitude of Christ Jesus" (Reading 1) in his passion and death: to "empty" ourselves of our own interests, fears and needs for the sake of others; to realize how our actions affect them and how our moral and ethical decisions impact the common good; to reach out to heal the hurt and comfort the despairing around us despite our own betrayal; to carry on, with joy and in hope, despite rejection, humiliation and suffering.

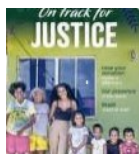
Matthew portrays a Jesus who has been totally abandoned by his disciples and friends. There is no one to defend him, to support him, to speak for him. He endures such a cruel and unjust death alone. Yet, amid the darkness, a light glimmers: The prophecy of a new temple "not made by human hands" is fulfilled in the shreds of the temple curtain; a pagan centurion confesses his new-found realization that this crucified Jesus is indeed the "Son of God"; and a member of the Sanhedrin, Joseph of Arimathea, is emboldened to break with his fellow councillors and request of Pilate the body of Jesus. The Passion of Jesus should be a reason for hope and a moment of grace for all us as we seek the reign of God in our own lives – however lonely and painful our search may be.

## GOOD FRIDAY ~ HOLY LAND COLLECTION

The annual Good Friday collection is the only yearly request asked by the Holy See of dioceses and parishioners throughout the world. The collection helps the Church of the Holy Land to maintain Christian sites, so important for Christians everywhere, and to provide pastoral, educational, and social works among the small Christian population. The Church and our Christian brothers and sisters count on your help to retain a faith filled Christian presence in this land of our Lord. Please give generously.

*\*Cheques should be made payable to St. Helen Church.\**

## DEVELOPMENT AND PEACE



We will continue to collect funds until the end of April. Please make cheques payable to St. Helen Parish for tax purposes. Our parish collected so far **\$1,080.00**.

## HOLY WEEK SCHEDULE

**Chrism Mass at Cathedral of St. Catherine of Alexandria - Tuesday March 31, 7:30p.m.**

### HOLY THURSDAY, April 2

Mass of the Lord's Supper at **7:00p.m.** followed by Adoration at the Altar of Repose - until **9:00p.m.**

### GOOD FRIDAY, April 3

Good Friday Liturgy at **3:00p.m.**  
**Poor Men's Lunch at 4:30p.m.**  
Stations of the Cross at **6:00p.m.**

### HOLY SATURDAY, April 4

Blessing of Easter Foods - **11:00am**  
Easter Vigil - at **8:00p.m.**

### EASTER SUNDAY, April 5

**9:00am and 11:00a.m.**

## HEARTS ON FIRE CATHOLIC CONFERENCE FOR BOTH YOUTH AND ADULTS



All are invited to St. Helen/St. Joseph's "Hearts on Fire" catholic conference for both youth and adults. Featuring guests are Chris Bray, inspirational Catholic speaker and award winning Christian musician, along with other Dynamic Clergy and Ministry Leaders. Also included:

Eucharistic Adoration, Praise & Worship Music, Exciting Youth Program, Sacrament of Reconciliation, Catholic Vendor Market, Holy Mass, Light lunch included !!!

**Date: Saturday, May 9, 2026**

**Time: 8:30am - 3:15pm**

**Location: Blessed Trinity High School**

**Address: 145 Livingston Ave, Grimsby, Ontario**

**\*\*\*Tickets are now on sale on Eventbrite:**

**EARLYBIRD promo, until April 5th \*\*\***

## OUR CONDOLENCES

Our condolences and prayers are extended to the families and friends who mourn the loss of:

**TONY ZANNI**  
**JENNY KAULING**



*Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May they rest in peace. Amen.*

**FINANCIAL STATEMENT** for the year **2025** is available. If you would like to receive it please send the email to the parish office.

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