

St. Helen Church



4106 Mountain St.
Beamsville, ON L3J 0K9

Ph: 905-562-7427
Fax: 905-563-0003
Email: sthelen@saintcd.com



Opened - October 2, 1938

Est. as a Parish - January 1, 1986

Pastor: Rev. Krzysztof Szczepanik
Office Administration: Patti Belancic
Book keeping: Lidia Molinaro

Office hours:
Monday: 10:00am - 12:00pm
Tuesday - Friday: 10:00am - 2:00pm
Closed all Statutory holidays
Website: www.sthelenscatholic.ca

Sunday Masses:
Saturday: 5:00pm
Sunday: 9:00am & 11:00am

Weekday Masses:
Tuesday - Friday: 9:00am
(unless otherwise posted in the bulletin)

Adoration:
Daily after morning Mass weekdays

Sacraments:

Baptism:
Sundays at 12:30pm
Call parish office.

1st Communion & Confirmation
Contact the Parish Office.

Reconciliation:
Every Saturday 4:00pm - 4:30pm or by
appointment with the priest.

Marriage:
Arrangements six months in advance.
Marriage preparation is required.

RCIA & RCIC:
Contact the Parish Office.

Anointing of the Sick:
Please let us know when someone has
a serious or prolonged illness or is to
have surgery.

Chronic Care Facilities:
Pastoral visits are made monthly.
Reception of Holy Communion is
available to Catholic residents.

Catholic Funeral Rites:
When a death occurs in your family,
please call the Parish Office and we
will assist you in making the
necessary liturgical arrangements.

Homebound:
Notify the Parish Office when serious
illness occurs. When the sick, aged or
incapacitated are confined to home for
an extended time, pastoral visit can be
arranged.

Schools:

St. Mark School
Principal: Jennifer DeCoff
Vice-Principal: Mary Lee Kelly

St. Edward School
Principal: Jeff Moccia

Contacts:

Music Ministry:
Anthony van Engelen
adve1@yahoo.com

Ministry Scheduling & RFM:
Georgina Belanger ~ sthelenministryscheduling@gmail.com

Fundraising Events:
sthelen@saintcd.com

Facility & Grounds Maintenance:
Craig Luey
craig.luey@gmail.com

Catholic Women's League:
cwpsc005@gmail.com

Knights of Columbus:
Al Rizzuto
ajrbruins4@gmail.com
289-983-7305

SVDP:
Lorraine Martin ~ *contact parish office*

Prayer Warriors/Requests:
st.h.prayerwarriors@gmail.com

Parish Pastoral Council:
Chairperson: Anthony van Engelen
st.helen.ppc@gmail.com

*Kindly complete the following and place in the collection box.
Envelopes will be on the round table in the foyer the following weekend.*

New Parishioner*

Change of address

Moving

Name _____

Phone _____

E-mail _____

Address _____

City _____

I would like to use offertory envelopes*

Postal Code _____

The Ascension of the Lord - Year A

May 17, 2026

Mass Intentions May 19 - 24, 2026

As we gather, let us remember and pray for . . .

Tues. ~ 9:00am	Special Int. of Wes & Janice Moyer <i>(by Nancy Winslow)</i>	May 19th
Wed.~ 9:00am	+ Joseph Joun <i>(by Yvonne MacNiven)</i> + Antonio Ranucci <i>(by Maria Marrese)</i>	May 20th
Thurs. ~ 9:00am	+ Geoff Barlow <i>(by Jean Barlow)</i>	May 21st
Fri. ~ 9.00am	+ Pietro & Ursula Elia + Michael & Olga D'Alessio <i>(by Connie & Louis Elia)</i>	May 22nd
Sat.~ 5:00pm	Pro Populo Dei	May 23rd
Sun.~ 9:00am	Special Intention of Zofia Haight <i>(by Nancy Winslow)</i>	May 24th
11:00am	Special Intention of Vern & Josie Dell Happy 55th Wedding Anniversary <i>(by Vern & Josie Dell)</i>	

OUR PARISH PRAYER

Jesus, open our hearts, enabling us to embrace your teachings and to love one another. Holy Spirit, lift us and lead us, deepening our desire to serve God through serving each other. Amen.



SUBSCRIPTIONS

The Vineyard, our diocesan journal has gone digital. To enrol for a free online subscription, please send an e-mail to: vineyard@saintcd.com.

POPE LEO XIV MAY INTENTION

That everyone might have food

Let us pray that everyone, from large producers to small consumers, be committed to avoid wasting food and to ensure that everyone has access to quality food.

BECOME A PRAYER WARRIOR & JOIN OUR ST. HELEN EMAIL PRAYER MINISTRY



Be part of a simple but powerful ministry, praying for others through email. If you have a request or would like to be part of this ministry, please get in touch with: st.h.prayerwarriors@gmail.com



This week the Sanctuary Lamp burns in memory of

DECEASED MEMBERS OF COMPAGNONE FAMILY

The Sanctuary Lamp burns to remind us of Christ's presence in the Blessed Sacrament of the altar.

SANCTUARY LAMP

Only weekend available for this year: **Sept 27**. If you would like to book the lamp in memory of your loved one or any intention please, contact our parish office. Cost is \$35.00 per week.

DIOCESAN SEPARATED & DIVORCED HEALING MINISTRY SUPPORT GROUP

We meet every second and fourth Monday at Mount Carmel Spiritual Centre.

Next Meeting: May 25, 2026 from 7:00pm-9:00pm
Topic: Self Esteem

For more information please call 905-684-0154 or email: separatedanddivorced@saintcd.com

SPANISH MASS



The Spanish Mass is celebrated every other week at **7:00 p.m.** Next Mass will be **May 24th**. If you know a farmer who may have some Hispanic Migrant workers, please spread the word. Looking for volunteer drivers who will bring migrant workers to the Mass. If interested please call Deacon Fabio at 289-547-1999.



Adoration of the Blessed Sacrament this week on Tuesday, Wednesday, Thursday & Friday after **9:00am** Mass



THURSDAY MORNING BINGO

In the St. Helen Church Hall
4106 Mountain Rd., Beamsville, ON
Doors open at 10:00am, Bingo games start at 11:00am
Delicious Lunch Available

FRIDAY EVENING BINGO

Pizza available at 6:00pm, games start at 7:00pm

THE ASCENSION OF THE LORD

As the disciples were watching, Jesus was lifted up. (*Acts 8*)
God seated Jesus at his right hand in heaven. (*Eph. 1*)
All authority in heaven and on earth has been given to me. (*Matthew 28*)




Jesus' priestly prayer is a prayer not only for his followers at table with him then but also for us at this table: that we may be united and consecrated in the truth Jesus has revealed and that we may reveal to the world the love and care of the Father for all of the human family.

The Church as a community of prayer is at the heart of today's readings: prayer that is, first and foremost, an attitude of trust and acceptance of God's presence in the community, an attitude that is not occasional but constant and continuing, an attitude not limited to asking for something but of thanksgiving for what is and for what has been. The prayer of Jesus at the Last Supper and the prayer of the company of disciples seek not God's acquiescence to their will but that God's will might be done effectively through them.

In baptism, the Gospel first preached by Jesus and then by the Eleven is passed on to us – we became witnesses of the great Easter event and accepted responsibility for telling our children and people of our time and place the good news of the empty tomb. Not in words alone but in our attitude of joy, our work for reconciliation among all, our commitment to what is right and just, our simplest acts of generosity and compassion, do we witness the Father's name and presence to the generations who follow us.

BISHOPS APPEAL 2026

The Hearts on Fire annual appeal supports the development of new ministries across the Diocese of St. Catharines. Your contribution will help expand: Youth & Young Adult Ministry, reaching more young people through events, programs and outreach that help build lifelong faith. It will also help expand **Evangelization and Faith Formation Ministry**, developing programs that empower parishioners to share their personal journeys of faith with others. Diocesan goal is \$400K. If you would like to support this year's diocesan appeal an envelope can be found at entrance of our church. **Cheques payable to St. Helen Parish to receive tax receipt.**

WELCOME

Through the celebration of the Sacrament of Holy Baptism, we welcome to St. Helen Parish Family, our newest members:

NOAH MCADAM-THOMAS



May God bless you as you begin this beautiful spiritual journey with our Lord and Saviour Jesus.

To receive the weekly bulletin via email, make your request by email: sthelen@saintcd.com

POPE'S PASTORAL WORKS COLLECTION

This collection which will be taken this weekend **May 16th/17th**. It provides an opportunity for Catholics to make an offering to assist the Holy Father. One-third of the funds collected is for what is traditionally known as Peter's Pence: donations used by the Pope for his charitable contributions to those most in need throughout the world, as well as for the support of the Holy See and its activities. Two-thirds of the funds will support the Holy Father in administering the Holy See and serving the Universal Church. Envelopes were attached last week and some still available on the round table. **Cheques should be made payable to St. Helen Church.**

QUEEN OF HEAVEN

This prayer should be said three times daily (morning, noon, night) until Pentecost.



V. Queen of Heaven, rejoice, alleluia.
R. The Son whom you merited to bear, alleluia.
V. Has risen, as he said, alleluia.
R. Pray for us to God, alleluia.
V. Rejoice and be glad, O Virgin Mary, alleluia.
R. For the Lord has truly risen, alleluia.

Let us pray: O God, who gave joy to the world through the resurrection of Thy Son, our Lord Jesus Christ, grant we beseech Thee, that through the intercession of the Virgin Mary, His Mother, we may obtain the joys of everlasting life. Through the same Christ our Lord. Amen.

2026 ACTS CANADA RETREAT

ACTS is acronym for:

Adoration- God's Call, your acceptance and answer

Community- loving, caring for each other

Theology - "studying" through scripture and our faith

Service - to God and His people

"Come and renew yourself spiritually, to strengthen your faith and to apply it to your daily life."

Men's Retreat – May 21st - 24th, 2026

Location: Queen of Apostles Renewal Centre
1617 Blythe Rd., Mississauga, ON.

Men's Contact: Alex Brandolini (416)554-8543
or brandolini74@gmail.com (Men's Retreat)

For more info visit website: www.actscanada.org



CONGRATULATION

Congratulation to all Gr.2 and Gr.8 students who have received their Sacraments of First Holy Communion and Confirmation this month. May the Risen Lord walk with you always as you continue your spiritual journey in our parish family.

MORTGAGE UPDATE

On May 15, 2026 our mortgage stands as:

\$1,003,363.54

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