

# St. Helen Church



Opened - October 2, 1938

4106 Mountain St.  
Beamsville, ON L3J 0K9

Ph: 905-562-7427

Fax: 905-563-0003

Email: [office@sthelenscatholic.ca](mailto:office@sthelenscatholic.ca)



Est. as a Parish - January 1, 1986

**Pastor:** Rev. Krzysztof Szczepanik

**Office Administration:** Shannon Deveau-Patrick

## Office hours:

Tuesday, Wednesday & Friday 10:00am - 2:00pm  
Closed on Mondays, Thursday and all Statutory holidays

**Website:** [www.sthelenscatholic.ca](http://www.sthelenscatholic.ca)

**Facebook Page:** [www.facebook.com/sthelenscatholic](http://www.facebook.com/sthelenscatholic)

## Sunday Masses:

Saturday: 5:00pm

Sunday: 9:00am & 11:00am

## Weekday Masses:

Tuesday - Friday: 9:00am

(unless otherwise posted in the bulletin)

## Adoration:

Daily after morning Mass weekdays

## Sacraments

### Baptism:

1st & 3rd Sunday at 12:30 pm  
Call parish office.

### 1st Communion & Confirmation

Contact the Parish Office.

### Reconciliation:

Every Saturday 4:00pm - 4:30pm or by  
appointment with the priest.

### Marriage:

Arrangements six months in advance.  
Marriage preparation is required.

### RCIA & RCIC:

Contact the Parish Office.

### Anointing of the Sick:

Please let us know when someone has  
a serious or prolonged illness or is to  
have surgery. This sacrament  
celebrates the healing of mind and  
body and the forgiveness of sins.

### Catholic Funeral Rites:

When a death occurs in your family,  
please call the Parish Office and we  
will assist you in making the  
necessary liturgical arrangements.

### Chronic Care Facilities:

Pastoral visits are made monthly.  
Reception of Holy Communion is  
available to residents.

### Homebound:

Notify the Parish Office when serious  
illness occurs. When the sick, aged or  
incapacitated are confined to home for  
an extended time, pastoral visit can be  
arranged.

## Schools

### St. Mark School

Principal: Jennifer DeCoff  
Vice-Principal: Joe Tolomeo

### St. Edward School

Principal: Maria Romano

## Contacts

### Music Ministry:

Anthony van Engelen  
[advel@yahoo.com](mailto:advel@yahoo.com)

### Ministry Scheduling & RFM:

Rebecca Williams ~ [ministryscheduling@sthelenscatholic.ca](mailto:ministryscheduling@sthelenscatholic.ca)

### Fundraising Events:

[office@sthelenscatholic.ca](mailto:office@sthelenscatholic.ca)

### Facility & Grounds Maintenance:

Craig Luey  
[craig.luey@gmail.com](mailto:craig.luey@gmail.com)

### Catholic Women's League:

Anna Sabucco  
[asabucco@hotmail.com](mailto:asabucco@hotmail.com)

### Knights of Columbus:

Ray Francoeur  
[avalanche1950@yahoo.com](mailto:avalanche1950@yahoo.com)  
289-700-6342

### SVDP:

Lorraine Martin ~ *contact parish office*

### Prayer Warriors/Requests:

Sandra Mactaggart ~  
[sandbmac@gmail.com](mailto:sandbmac@gmail.com)

*Kindly complete the following and place in the collection box.*

*Envelopes will be on the round table in the foyer the following weekend.*

New Parishioner\*

Name \_\_\_\_\_

Address \_\_\_\_\_

I would like to use offertory envelopes\*

Change of address

Phone \_\_\_\_\_

Moving

E-mail \_\_\_\_\_

City \_\_\_\_\_

Postal Code \_\_\_\_\_

# 1st Sunday of Lent - Year B

## February 18, 2024

### Mass Intentions February 20 - 25, 2024

As we gather, let us remember and pray for . . .

Tue.~	.....	Feb. 20th
9:00am	+ Timothy Turner <i>(by Christine Bonehill)</i>	
Wed. ~	.....	Feb. 21st
9:00am	+ Pietro & Ursula Elia + Michael & Olga D'Alessio <i>(by Louis &amp; Connie Elia)</i>	
Thurs.	<b>..The Chair of St. Peter, the Apostle..</b>	Feb. 22nd
9:00am	+ Marie Zdyb <i>(by Gemma Timperio)</i>	
Fri.	.....	Feb. 23rd
9:00am	+ Lina Cipro <i>(by Andy &amp; Theresa Cipro)</i>	
<b>9:30am</b>	<b>Stations of the Cross</b>	
Sat.	.....	Feb. 24th
5:00pm	+ John Pachereva <i>(by Teresa &amp; Family)</i>	
Sun. ~	.....	Feb. 25th
9:00am	+ Peter & Lisa VanderWerf <i>(by Callie Haining)</i>	
11:00am	Pro Populo	

This week the Sanctuary Lamp burns in honor of

### MADONNA DELLA LIBERA



The Sanctuary Lamp burns to remind us of Christ's presence in the Blessed Sacrament of the altar.

### SANCTUARY LAMP

We have an opening for the Sanctuary Lamp for **April 28, 2024**. If you would like to book the lamp in memory of your loved one or any intention please contact the office sooner rather than later as the year is filling up. Cost is \$35.00 per week.

### DIOCESAN SEPARATED & DIVORCED HEALING MINISTRY SUPPORT GROUP

Meetings are on the second and fourth Monday of the month (except holidays from 7:00pm to 9:00p.m. at Mount Carmel Spiritual Centre, Niagara Falls. Meetings are held both in person at Mount Carmel and virtually via Zoom platform. **Next meeting Feb. 26-Topic: What is forgiveness?** To register for virtual attendance, or for more info, call 05-684-0154 or email [separatedanddivorced@sainted.com](mailto:separatedanddivorced@sainted.com).

### ARE YOU REGISTERED IN OUR PARISH?

If you are new to the parish or have not registered, complete the tear off section at the front of this bulletin. If you are not sure that your family is registered, call or email the office. Any changes to mailing address, phone numbers and email address should be sent in as well. Thank you for your cooperation.

### WELCOME

Through the celebration of the Sacrament of Baptism we welcome to our parish family our new members:

#### AMELIA PATRIZIA MARIE SUIK



May God bless you as you begin this beautiful spiritual journey with our Lord and Saviour Jesus.

### POPE FRANCIS' FEBRUARY INTENTION

*For the terminally ill:*

We pray that those with a terminal illness, and their families, receive the necessary physical and spiritual care and accompaniment.



### WEDNESDAY EVENING FELLOWSHIP

Please join us Wednesday **FEBRUARY 21st** for the Metanoia video series. We meet from **7:00pm to 8:30pm** in the Angelina Prokich Memorial Great Hall for an evening of light treats, a short video, and a discussion with old and new friends. Whether you are able to join us for 1 or all 10 evenings, know you will always be welcome. For more information please contact Kelly at [sthelensalpha@gmail.com](mailto:sthelensalpha@gmail.com)



### THURSDAY MORNING BINGO

In the St. Helen Church Hall  
4106 Mountain Rd., Beamsville, ON  
Doors open at 10:00am, Bingo games start at 11:00am  
Delicious Lunch Available

### FRIDAY EVENING BINGO

Pizza available at 6pm, games start at 7:00pm

## FIRST SUNDAY OF LENT

God's covenant with Noah when he was delivered from the flood. (*Genesis 9*)

The waters of the flood prefigured the baptism which now saves you. (*1 Peter 3*)

Jesus was tempted by Satan; and the Angels waited on him. (*Mark 1*)



These 40 days of Lent are the Spirit's call to us to a "desert experience," to re-connect with God, to dare to wonder if our lives are all they could and should be.

Lent calls us away from business as usual (the real motivation behind giving up one's favorite confection or past time) in order to decide, in the depths of our hearts where God speaks to each one of us, what it means to be a person of faith, what values we want our lives to stand for, what path we want our lives to take on our journey to God and Easter resurrection.

As Jesus spent 40 days in the wilderness to discern what God was calling him to do with the next part of his life, the Spirit calls us to our own "wilderness experience" to confront the hard choices we must make in our lives – choices between the values of God and the far lesser things of the world that can isolate us, hurt others and diminish God's creation.

## NIAGARA FOUNDATION FOR CATHOLIC EDUCATION ANNUAL GALA

*HONOURARY GUEST BISHOP GERARD BERGIE*

**Thursday, March 21, 2024, Club Roma Event Centre, 6:00 pm. Tickets \$100/pp.** Online payment can be made at [www.niagaracatholic.ca](http://www.niagaracatholic.ca) or by cheque payable to the Niagara Foundation for Catholic Education. **Please make payment by March 13, 2024.** For further information (905) 735-0240, ext. 214 or email [linda.marconi@ncdsb.com](mailto:linda.marconi@ncdsb.com)

**CATHOLIC ENGAGED ENCOUNTER (CEE)** is a Diocesan-approved marriage preparation program that provides quality marriage preparation in a weekend retreat format. The weekend is open to any engaged couple wanting to prepare for a deeper, more meaningful life together and who are considered free to marry according to the teachings of the Roman Catholic Church. The current CEE weekend schedule for the Diocese of St. Catharines is **May 3-5, 2024** and **September 13-15, 2024** at Jericho House (10845 Rathfon Rd, Port Colborne). The cost is \$425.00 which includes all administration fees, accommodations, and meals. Please visit [www.ceeest.org](http://www.ceeest.org) for more information and to register.

## RETROUVAILLE WEEKEND

Support for your Marriage-This weekend purpose is to help couples restore their marriage and rebuild a loving relationship. Next Retrouvaille weekend is **March 8-10**. For more information, call 905-664-5212 or email [teamrecine@gmail.com](mailto:teamrecine@gmail.com)

## MORTGAGE UPDATE

As of **December 31st 2023** our mortgage total is **\$2,451,206.27.**

## FAITH FORMATION SERIES:

**Learning About the Mass: February 19, 26** at 7:30pm over ZOOM Come and Learn about the Mass! For more information or to register, contact Terri at the Family and Youth Office by email [familyandyouth@saintcd.com](mailto:familyandyouth@saintcd.com) or call 905-684-0154, ext. 209 weekday.

## 10TH NATIONAL EUCHARISTIC CONGRESS

Diocesan Bus Trip to the National Eucharist Congress being held in Indianapolis, Indiana. A commitment of at least 50 people is needed to continue with the trip's planning. Interested individuals may contact Terri at the Family and Youth office, 905-684-0154 ext. 209.

## LIFT JESUS HIGHER RALLY

This year's theme **"TAKE HEART: BY HIS WOUNDS WE ARE HEALED."** **Saturday, March 2nd, 2024 from 9:00am-5:30pm.** Metro Toronto Convention Center. For info and tickets visit: [www.LJHR.ca](http://www.LJHR.ca)

## CATHOLIC MEN'S SPEAKER SERIES

Gentlemen of all ages are invited to attend a spiritual talk & participate in an activity to strengthen our faith. To be hosted monthly, each night will consist of a 1-hour talk & a 1-hour social with refreshments. Next date listed below; more to come! Church opens for private prayer at 7:00pm, talk starts at 7:30pm:

**Tuesday March 12** at Sts. Cyril & Methodius Church (14 Rolls Ave., St Catharines) with Fr. Jerry Lazoryk

- Persevering in the Faith: exercising & flexing our spiritual muscles
- Navigating the grind of spiritual growth one step at a time
- Blessing of St. Benedict medals (bring some!)



## **Development and Peace — Caritas Canada: a movement of solidarity**

Established in 1967, Development and Peace — Caritas Canada is the official international solidarity organization of the Catholic Church in Canada.

We address the root causes of poverty, oppression, and inequality by working with partners in the Global South and by mobilizing Canadians in the common struggle for justice and dignity. We champion women and social movements as key agents of lasting change. Our transformative work is possible **thanks to the generosity and support of our members** and Canadians who stand by us. **Join the movement** of over 12,000 members and help us bring our campaigns to life in your community. Visit [devp.org/membership](http://devp.org/membership).



Prayer Shawl Ministry  
YOU GAVE ME COMFORT

## CALLING ALL KNITTERS AND CROCHETERS

(And those that would like to learn) St. Helen Parish Prayer Shawl Ministry prayerfully creates hand-crafted shawls for parishioners and their family or friends who are coping with illness, loneliness or pain. There is no cost to anyone who needs one. This ministry group meets on the last Monday of each month from 7:00pm to 8:30pm in the Angelina Prokich Memorial Hall. Please enter from the outside hall doors on Mountain Street.



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*Knights of Columbus*  
**MARIO DURAND**  
District Deputy

In service to one, in service to all.

District #6      5030 Chestnut Crt  
905-658-4185      Beamsville, ON  
[supmariod@gmail.com](mailto:supmariod@gmail.com)      L3J 0A1

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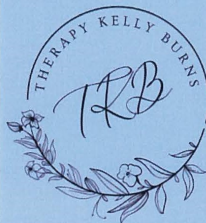


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ST. CATHARINES, ONT.      FAX: (905) 684-7438  
L2R 1C5      [steve.grossitile@bellnet.ca](mailto:steve.grossitile@bellnet.ca)



**Kelly Burns**  
MSW RSW  
Psychotherapist

[www.therapykb.ca](http://www.therapykb.ca)  
[kelly@therapykb.ca](mailto:kelly@therapykb.ca)  
[therapykb.janeapp.com](http://therapykb.janeapp.com)  
905-328-9155



**Joanna Suchecki RN BScN**

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email [stcatharines@kirkpatrickstoneworks.com](mailto:stcatharines@kirkpatrickstoneworks.com)  
[www.kirkpatrickstoneworks.com](http://www.kirkpatrickstoneworks.com)



**John (JD) Pachereva**  
Councillor

[jdpachereva@lincoln.ca](mailto:jdpachereva@lincoln.ca)  
905-563-2799 ext. 306 cell 905-933-1333  
4800 South Service Rd., Beamsville, ON L0R 1B1

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Portfolio Manager  
Senior Wealth Advisor  
905.540.7172  
[aj.chase@scotiawealth.com](mailto:aj.chase@scotiawealth.com)  
[AJChaseFinancial.com](http://AJChaseFinancial.com)

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