

# St. Helen Church



**4106 Mountain St.  
Beamsville, ON L3J 0K9**

**Ph: 905-562-7427  
Fax: 905-563-0003  
Email: sthelen@saintcd.com**



**Opened - October 2, 1938**

**Est. as a Parish - January 1, 1986**

**Pastor:** Rev. Krzysztof Szczepanik

**Office Administration:** Patti Belancic

**Book keeping:** Lidia Molinaro

## **Office hours:**

Monday: 10:00am - 12:00pm

Tuesday - Friday: 10:00am - 2:00pm

Closed all Statutory holidays

**Website:** www.sthelenscatholic.ca

## **Sunday Masses:**

Saturday: 5:00pm

Sunday: 9:00am & 11:00am

## **Weekday Masses:**

Tuesday - Friday: 9:00am

(unless otherwise posted in the bulletin)

## **Adoration:**

Daily after morning Mass weekdays

## **Sacraments:**

### **Baptism:**

Sundays at 12:30pm

Call parish office.

### **1st Communion & Confirmation**

Contact the Parish Office.

### **Reconciliation:**

Every Saturday 4:00pm - 4:30pm or by appointment with the priest.

### **Marriage:**

Arrangements six months in advance.

Marriage preparation is required.

### **RCIA & RCIC:**

Contact the Parish Office.

### **Anointing of the Sick:**

Please let us know when someone has a serious or prolonged illness or is to have surgery.

### **Chronic Care Facilities:**

Pastoral visits are made monthly.

Reception of Holy Communion is available to Catholic residents.

### **Catholic Funeral Rites:**

When a death occurs in your family, please call the Parish Office and we will assist you in making the necessary liturgical arrangements.

### **Homebound:**

Notify the Parish Office when serious illness occurs. When the sick, aged or incapacitated are confined to home for an extended time, pastoral visit can be arranged.

## **Schools:**

### **St. Mark School**

Principal: Jennifer DeCoff

Vice-Principal: Mary Lee Kelly

### **St. Edward School**

Principal: Jeff Moccia

## **Contacts:**

### **Music Ministry:**

Anthony van Engelen

advel@yahoo.com

### **Ministry Scheduling & RFM:**

Georgina Belanger ~ sthelenministryscheduling@gmail.com

### **Fundraising Events:**

sthelen@saintcd.com

### **Facility & Grounds Maintenance:**

Craig Luey

craig.luey@gmail.com

### **Catholic Women's League:**

Alda Bianco-Dolino

cwlsc005@gmail.com

### **Knights of Columbus:**

Al Rizzuto

ajrbruins4@gmail.com

289-983-7305

### **SVDP:**

Lorraine Martin ~ contact parish office

### **Prayer Warriors/Requests:**

st.h.prayerwarriors@gmail.com

### **Parish Pastoral Council:**

Chairperson: Anthony van Engelen

st.helen.ppc@gmail.com

*Kindly complete the following and place in the collection box.*

*Envelopes will be on the round table in the foyer the following weekend.*

☐ **New Parishioner\***

**Name** \_\_\_\_\_

**Address** \_\_\_\_\_

☐ **I would like to use offertory envelopes\***

☐ **Change of address**

**Phone** \_\_\_\_\_

☐ **Moving**

**E-mail** \_\_\_\_\_

**City** \_\_\_\_\_

**Postal Code** \_\_\_\_\_

# Fourth Sunday in Ordinary Time - Year A

## February 1, 2026

### Mass Intentions February 3 - 8, 2026

As we gather, let us remember and pray for . . .

Tue.~	.....	Feb. 3rd
9:00am	In Honour of St. Helen (by Maria Kubat)	
Wed. ~	.....	Feb. 4th
9:00am	+ Amato Mongelluzzo (by Josie & Vern Dell)	
Thurs.~	.....	Feb. 5th
9:00am	.....St. Agatha, Virgin & Martyr..... Special Int. of Christina Zimara (by Nancy Winslow)	
Fri. ~	... St. Paul Miki and Companions, Martyrs....	Feb. 6th
9:00am	Special Int. of Emily Ceasar (by Ceasar Family)	
Sat. ~	.....	Feb. 7th
9:00am	+ Peter Tallerico (by Vince & Josephine Pucci)	
5:00pm	Pro populo Dei	
Sun. ~	.....	Feb. 8th
9:00am	+ John Douglas MacNiven (by Yvonne MacNiven)	
11:00am	+ Felice Biancaniello (by Josie & Vern Dell)	

**PREAUTHORIZED DEBIT (PAD)** is offered for our Mortgage Debt Reduction. If you are interested in using this convenient way to make your offerings to the church, please fill the card which you can find in the pew or call the parish office directly. These donations are processed once a month, on or about the 15th of each month.

### **POPE LEO XIV FEBRUARY INTENTION**

*For children with incurable diseases*

Let us pray that children suffering from incurable diseases and their families receive the necessary medical care and support, never losing strength and hope.

### **2025 TAX RECEIPTS**

Last year we emailed some of the tax receipts which was both convenient and cost savings. If you would like your 2025 tax receipt emailed when it is ready, **send an email to the office with the subject line PLEASE EMAIL MY 2025 TAX RECEIPT.**



Adoration of the Blessed Sacrament Tuesday, Wednesday, Thursday, Friday and Saturday after 9:00am Mass.

To receive the weekly bulletin via email, make your request by email: [office@sthelenscatholic.ca](mailto:office@sthelenscatholic.ca)



This week the Sanctuary Lamp burns in memory of

**JOHN PACHEREVA**

The Sanctuary Lamp burns to remind us of Christ's presence in the Blessed Sacrament of the altar.

### **SANCTUARY LAMP**

Next available openings are on **July 5 & 12 and Aug 9**  
If you would like to book the lamp in memory of your loved one or any intention please, contact our parish office. Cost is \$35.00 per week.

### **2026 OFFERTORY ENVELOPES**



Offertory envelopes have now been moved in our parish office. If you would like to use envelopes and don't have any, please contact our parish office. Please dispose of any old envelopes you may have.

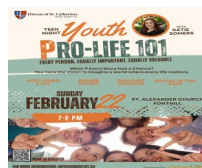
### **DIOCESAN SEPARATED & DIVORCED HEALING MINISTRY SUPPORT GROUP**

We meet every second and fourth Monday at Mount Carmel Spiritual Centre.

**Next Meeting: February 9th, 2026 from 7:00-9:00pm**  
**Topic: Sadness and Depression**

For more information please call 905-356-4113 or email: [separateanddivorced@saintcd.com](mailto:separateanddivorced@saintcd.com)

### **TEEN NIGHT YOUTH PRO-LIFE 101**



Youth leaders at the Diocese of St. Catharines are hosting a "Pro-Life 101" night for high school students in the Niagara Region. The event will be held on **Sunday, February 22 at St. Alexander Church in Fonthill.**

Katie Somers of Toronto Right to Life will be the guest speaker. There will be **Holy Mass at 6:00pm**, Games and Prizes and a Social in the Café.

**ALL ARE WELCOME !!!**



### **THURSDAY MORNING BINGO**

In the St. Helen Church Hall  
4106 Mountain Rd., Beamsville, ON  
Doors open at 10:00am, Bingo games start at 11:00am  
Delicious Lunch Available

### **FRIDAY EVENING BINGO**

Pizza available at 6:00pm, games start at 7:00pm

## FOURTH SUNDAY IN ORDINARY TIME

I will leave in the midst of you a people humble and lowly. (Zph 2)  
God chose what is weak in the world. (1 Cor 1)  
Blessed are the poor in Spirit. (Mt 5)



The Beatitudes call us to a very different set of values than those of our dog-eat-dog-success-is-everything-get-them-before-they-get-you-bottom-line-based world. We are called, as Zephaniah

(Reading 1) preaches, **“to seek the Lord in all things.”**

As a people of faith we are called to focus our lives on the **“blessedness”** of the Sermon on the Mount: to seek our joy and fulfillment in God above all things. Our **“blessedness”** cannot be measured by our portfolios, celebrity or intellect, but in our ability to grasp that we exist not in and of ourselves but by and in the love of God.

The **“blessed”** of the Gospel have embraced a spirit of humble gratitude before the God who gives, nurtures and sustains our lives. The **“blessed”** seek to respond to such unfathomable love the only way they can: by returning that love to others, God’s children, as a way of returning it to God.

## ST. CARLO ACUTIS CHALLENGE



Calling all grade 5-12 students!! This is your invitation to take part in the Saint Carlo Acutis Challenge. Use your gifts and talents to create something (a video or song or dance, poem or essay, fashion project or social media campaign, etc.)

that highlights an aspect of the faith that you are passionate about! The top prize for secondary students is \$1000.00, and the top prize for elementary students is \$500.00 (more great prizes available)!!!

**Submission deadline is April 17, 2026.**

Visit: [bit.ly/Saint-Challenge](http://bit.ly/Saint-Challenge) for more information or check out our parish website or contact us at: [evangelization@saintcd.com](mailto:evangelization@saintcd.com)

## WORLD DAY OF MARRIAGE

Bishop Bergie will be celebrating a Mass of Thanksgiving for all married couples.

**Date: Sunday, February 8, 2026.**

**Time: 3:00pm**

**Location: Cathedral of St. Catherine of Alexandria**

**Address: Lyman Streets, St. Catharines, ON**

\*Mass is being celebrated for All Married Couples especially those with significant 2026 Anniversaries. Reception to Follow. No registration needed.

**Reminder: the next CWL General Mtg. will be held on Wed. Feb 4<sup>th</sup>, in Prokich Hall, after the 9am Mass**

## NIAGARA COLLEGE STUDENTS FOR LIFE

This is a pro-life club starting at Niagara College (Niagara-on-the-Lake campus). This club is dedicated to upholding the value of all human life. We will meet several times a month to discuss pro-life topics, take part in fun activities, and educate others on this cause!

If you are interested in joining or have questions, please email [studentsforlife1@gmail.com](mailto:studentsforlife1@gmail.com)

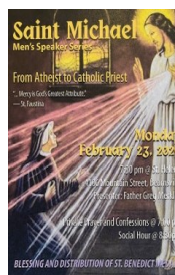
## NIAGARA FOUNDATION FOR CATHOLIC EDUCATION BENEFIT GALA

It’s an enjoyable evening with a delicious dinner and great fellowship that brings together a large cross section of the Niagara community including, clergy, religious, educators, local politicians, community association groups and businesses all in support of students in need outreach programs and scholarships for students attending Niagara Catholic District School Board schools. The Niagara Foundation for Catholic Education has scheduled its Annual Benefit Gala with honorary guest His Excellency Bishop Gerard Bergie for **Thursday, March 5<sup>th</sup>** at Club Roma, 125 Vansickle Road, St. Catharines. The Gala also features presentation of the Niagara Catholic Education Award of Distinction with recipient/recipients being recognized for having made a significant and positive contribution to Catholic education in Niagara.

The evening commences **at 6:00 p.m.** with a cash bar, free wine tasting, silent auction and a pre-dinner antipasto bar followed by a delicious meal that Club Roma is renowned for.

Tickets are \$100.00 per person and can be purchased individually or in tables of eight or ten. Please ensure that payment is made by **February 23** (\$30.00 tax receipt per ticket upon request) Purchase on line at [www.niagaracatholic.ca](http://www.niagaracatholic.ca) or by cheque payable to Niagara Foundation for Catholic Education. Mailing address, 427 Rice Road, Welland, Ontario L3C 7C1 attention Anna Lisa Conidi. Further information call Linda Marconi 905-735-0240 extension 214 or email [linda.marconi@ncdsb.com](mailto:linda.marconi@ncdsb.com). Those attending will not only be assured of an enjoyable evening, but also a good feeling by knowing they have supported a worthy cause.

## SAINT MICHAEL MEN’S SPEAKER SERIES



**Speaker: Fr. Greg Merkley**

**Subject: From Atheist to Catholic Priest**

**“Mercy is God’s Greatest Attribute.” - St. Faustina**

**Date: Monday, February 23, 2026**

**Private Prayer and Confessions: 7:00pm**

**Talk: 7:30 pm**

**Social Hour: 8:30pm**

**Location: St. Helen’s Parish**

4106 Mountain St, Beamsville

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