

St. Helen Church



4106 Mountain St.
Beamsville, ON L3J 0K9

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Fax: 905-563-0003
Email: sthelen@saintcd.com



Opened - October 2, 1938

Est. as a Parish - January 1, 1986

Pastor: Rev. Krzysztof Szczepanik
Office Administration: Patti Belancic
Book keeping: Lidia Molinaro

Office hours:

Monday: 10:00am - 12:00pm
Tuesday - Friday: 10:00am - 2:00pm
Closed all Statutory holidays
Website: www.sthelenscatholic.ca

Sunday Masses:

Saturday: 5:00pm
Sunday: 9:00am & 11:00am

Weekday Masses:

Tuesday - Friday: 9:00am
(unless otherwise posted in the bulletin)

Adoration:

Daily after morning Mass weekdays

Sacraments:

Baptism:
Sundays at 12:30pm
Call parish office.

1st Communion & Confirmation
Contact the Parish Office.

Reconciliation:
Every Saturday 4:00pm - 4:30pm or by
appointment with the priest.

Marriage:
Arrangements six months in advance.
Marriage preparation is required.

RCIA & RCIC:
Contact the Parish Office.

Anointing of the Sick:
Please let us know when someone has
a serious or prolonged illness or is to
have surgery.

Chronic Care Facilities:
Pastoral visits are made monthly.
Reception of Holy Communion is
available to Catholic residents.

Catholic Funeral Rites:

When a death occurs in your family,
please call the Parish Office and we
will assist you in making the
necessary liturgical arrangements.

Homebound:

Notify the Parish Office when serious
illness occurs. When the sick, aged or
incapacitated are confined to home for
an extended time, pastoral visit can be
arranged.

Schools:

St. Mark School

Principal: Jennifer DeCoff
Vice-Principal: Mary Lee Kelly

St. Edward School

Principal: Jeff Moccia

Contacts:

Music Ministry:

Anthony van Engelen
advel@yahoo.com

Ministry Scheduling & RFM:

Georgina Belanger ~ sthelenministryscheduling@gmail.com

Fundraising Events:
sthelen@saintcd.com

Facility & Grounds Maintenance:
Craig Luey
craig.luey@gmail.com

Catholic Women's League:
Alda Bianco-Dolino
cwls005@gmail.com

Knights of Columbus:
Al Rizzuto
ajrbruins4@gmail.com
289-983-7305

SVDP:

Lorraine Martin ~ *contact parish office*

Prayer Warriors/Requests:
st.h.prayerwarriors@gmail.com

Parish Pastoral Council:

Chairperson: Anthony van Engelen
st.helen.ppc@gmail.com

*Kindly complete the following and place in the collection box.
Envelopes will be on the round table in the foyer the following weekend.*

New Parishioner*

Name _____

Address _____

I would like to use offertory envelopes*

Change of address

Phone _____

Moving

E-mail _____

City _____

Postal Code _____

5th Sunday of Lent - Solidarity Sunday - Year A

March 22, 2026

Mass Intentions March 24 - 29, 2026

As we gather, let us remember and pray for . . .

- Tue.~ Mar. 24th
9:00am + Patrizia Rizzuto
(by Ricci Family)
- Wed. ~ ...**The Annunciation of the Lord..** Mar. 25th
9:00am Special Int: Barbara Davis
(by Nancy Winslow)
- Thurs.~ Mar. 26th
9:00am + Paul Rocca
(by Kate D'Onofrio)
- 9:30am Stations of the Cross**
7:00pm Adoration of the Blessed Sacrament
- Fri. ~ Mar. 27th
10:00am Special Int: Nancy Winslow
Jacob (by Helen Hendriks)
- Sat. ~ Mar. 28th
5:00pm Pro Populo Dei
- Sun. ~**Palm Sunday**..... Mar. 29th
9:00am + Elizabeth Carozzi
(by Josephine & Dan Frigault)
- 11:00am** + Maria Armandina Da Silva
(by Cristina Badia)

ARE YOU REGISTERED IN OUR PARISH?

If you are new to the parish or have been attending Mass here, ensure that you are registered by completing the tear off section at the front of this bulletin. Please do not take for granted that you are registered in the parish just because you attend Mass here. In the future, should you be in need of a pastoral letter (godparent, school, sponsor for confirmation, teacher referral, etc.), it would be difficult to issue one if you are not formally registered with the parish. If you are not sure that your family is registered, call or email the office.

POPE LEO XIV MARCH INTENTION

For disarmament and peace

Let us pray that nations move toward effective disarmament, particularly nuclear disarmament and that world leaders choose the path of dialogue and diplomacy instead of violence.

PRAYER SHAWL MEETIG



There will be a Prayer Shawl meeting on **Tuesday, March 31 at 10:00am** in the church hall. The lower door will be unlocked. **All are welcome!!!**



JOIN US THURSDAY MORNING

For the Stations of the Cross
following the morning Mass.



This week the Sanctuary Lamp burns in memory
of

JOHN MARCHALEWICZ

The Sanctuary Lamp burns to remind us of Christ's presence in the Blessed Sacrament of the altar.

SANCTUARY LAMP

Next available openings are on **August 16, 23, & 30**. If you would like to book the lamp in memory of your loved one or any intention please, contact our parish office. Cost is \$35.00 per week.

DIOCESAN SEPARATED & DIVORCED HEALING MINISTRY SUPPORT GROUP

We meet every second and fourth Monday at Mount Carmel Spiritual Centre.

Next Meeting: March 23, 2026 from 7:00-9:00pm
Topic: The Gift of the Holy Spirit, Deacon Gunther Eyer
For more information please call 905-356-4113 or email: separateanddivorced@saintcd.com



Adoration of the Blessed Sacrament this week on Tuesday and Wednesday after **9:00am** Mass and Thursday at **7:00pm**

CHRISM MASS CELEBRATION

This beautiful Mass offers us the opportunity to deepen our appreciation of the priesthood and the sacramental life of the Church as oils are blessed and priestly commitment is renewed. We will gather as clergy and parishioners from across this great Diocese to celebrate our faith in a spirit of unity and true joy during Holy Week on:

TUESDAY, MARCH 31 at the Cathedral of St. Catherine of Alexandria at 7:30 pm



THURSDAY MORNING BINGO

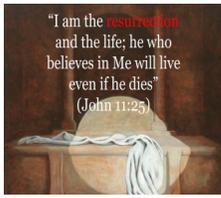
In the St. Helen Church Hall
4106 Mountain Rd., Beamsville, ON
Doors open at 10:00am, Bingo games start at 11:00am
Delicious Lunch Available

FRIDAY EVENING BINGO

Pizza available at 6:00pm, games start at 7:00pm

FIFTH SUNDAY OF LENT

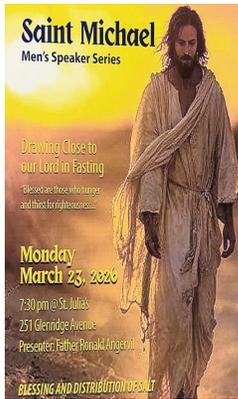
I will put my spirit within you, and you shall live. *(Ezekiel 37)*
 The Spirit of the One who raised Jesus from the dead dwells in you. *(Romans 8)*
 I am the resurrection and the life. *(John 11)*



As Jesus called out to Lazarus to be untied from the wrappings of the dead and to be free to live once again, so we are called to be free from those things that keep us too busy from loving and being loved.

Resurrection is an attitude, a perspective that finds hope in the hardest times and uncovers life among the ruined, that reveals light in the darkest night. To each one of us belongs Jesus' work of resurrection at Lazarus's tomb: to help others free themselves from their tombs of dark hopelessness and the fear and sadness that bind them.

SAINT MICHAEL MEN'S SPEAKER SERIES



Gentlemen of all ages are invited and welcome to attend.

Speaker: Fr. Ronald Angervil

Subject: Drawing Close to our Lord in Fasting

"Blessed are those who hunger and thirst for righteousness..."

Date: Monday, March 23, 2026

Confessions: 7:00pm

Talk: 7:30 pm

Social Hour: 8:30pm

Location: St. Julia's Parish
251 Glenridge Avenue, St. Catherine

*****BLESSING and DISTRIBUTION of SALT*****

DOCUMENTARY FILM SCREENING

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Thinking Beyond the Market: A film about Genuinely Affordable Housing

Dr. Brian Doucet, Associate Professor in the School of Planning, University of Waterloo.

Everyone's talking about housing. But are we asking the right questions? What if it isn't just a question of how much housing, but what kind of housing and for whom?

All are invited: **Wed., March 25 at 7:00pm - 9:00 pm**
at West Niagara Secondary School Theatre, 5699 King St., Beamsville.

Free Admission: Doors open at 6:30pm

OUR CONDOLENCES

Our condolences and prayers are extended to the families and friends who mourn the loss of:

ANDREW JOSEPH HENDRIKS SR.

ANNE MARIE METELSKY



Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May they rest in peace. Amen.

DEVELOPMENT AND PEACE - SOLIDARITY SUNDAY



This Solidarity Sunday, Development and Peace - Caritas Canada's On Track for Justice campaign invites you to give generously and thanks you warmly for your generosity. Your donation transforms the lives of some of our most vulnerable sisters and brothers across the world. "Our longstanding partnership with Development and Peace - Caritas Canada is very important to us. It allows us to promote economic alternatives to mining and industrial agriculture, thereby strengthening local economies and agroecology. Your contributions help change the reality of communities here and make a difference for many other organizations around the world." - Mikael Carvalho, Coordinator, Justiça nos Trilhos, Brazil Help create hope for and fulfil the dreams of the communities we support in the Global South by giving to your Share Lent parish collection or online at devp.org/give. Thank you for your solidarity!

40 DAYS FOR LIFE



The 40 Days for Life, a campaign of peaceful prayer and fasting to end abortion, runs from Ash Wednesday, **Feb. 18** until Palm Sunday, **Mar. 29**. You're invited to choose an hour to stand & peacefully pray outside the Greater Niagara General Hospital.

Can you spare one hour to help save a life? **Many babies have been saved through the 40 Days for Life. When you stand before God, will you be able to tell Him you stood up for His children?** You can also go to 40daysforlife.com and click on **Niagara** to sign up.

HOLY WEEK SCHEDULE

Chrism Mass at Cathedral of St. Catherine of Alexandria -Tuesday March 31, 7:30p.m.

HOLY THURSDAY, April 2

Mass of the Lord's Supper at **7:00p.m.** followed by Adoration at the Altar of Repose - until **9:00p.m.**

GOOD FRIDAY, April 3

Good Friday Liturgy at **3:00p.m.**
Poor Men's Lunch at 4:30p.m.
 Stations of the Cross at **6:00p.m.**

HOLY SATURDAY, April 4

Blessing of Easter Foods - **11:00am**
 Easter Vigil - at **8:00p.m.**

EASTER SUNDAY, April 5

9:00am and 11:00a.m.

SOCIETY OF ST. VINCENT DE PAUL MEETING



There will be a SVDP meeting this Thursday, **March 26 at 10:00am** in the boardroom.
ALL ARE WELCOME !!!

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