

St. Helen Church



Opened - October 2, 1938

4106 Mountain St.
Beamsville, ON L3J 0K9

Ph: 905-562-7427
Fax: 905-563-0003
Email: sthelen@saintcd.com



Est. as a Parish - January 1, 1986

Pastor: Rev. Krzysztof Szczepanik

Office Administration: Patti Belancic

Book keeping: Lidia Molinaro

Office hours:

Monday: 10:00am - 12:00pm

Tuesday - Friday: 10:00am - 2:00pm

Closed all Statutory holidays

Website: www.sthelenscatholic.ca

Sacraments:

Baptism:

Sundays at 12:30pm

Call parish office.

1st Communion & Confirmation

Contact the Parish Office.

Reconciliation:

Every Saturday 4:00pm - 4:30pm or by appointment with the priest.

Marriage:

Arrangements six months in advance.

Marriage preparation is required.

RCIA & RCIC:

Contact the Parish Office.

Anointing of the Sick:

Please let us know when someone has a serious or prolonged illness or is to have surgery.

Chronic Care Facilities:

Pastoral visits are made monthly.

Reception of Holy Communion is available to Catholic residents.

Catholic Funeral Rites:

When a death occurs in your family, please call the Parish Office and we will assist you in making the necessary liturgical arrangements.

Homebound:

Notify the Parish Office when serious illness occurs. When the sick, aged or incapacitated are confined to home for an extended time, pastoral visit can be arranged.

Schools:

St. Mark School

Principal: Jennifer DeCoff
Vice-Principal: Mary Lee Kelly

St. Edward School

Principal: Jeff Moccia

Contacts:

Music Ministry:

Anthony van Engelen
adve1@yahoo.com

Sunday Masses:

Saturday: 5:00pm

Sunday: 9:00am & 11:00am

Weekday Masses:

Tuesday - Friday: 9:00am

(unless otherwise posted in the bulletin)

Adoration:

Daily after morning Mass weekdays

Ministry Scheduling & RFM:

Georgina Belanger ~ sthelenministryscheduling@gmail.com

Fundraising Events:

sthelen@saintcd.com

Facility & Grounds Maintenance:

Craig Luey
craig.luey@gmail.com

Catholic Women's League:

Alda Bianco-Dolino
cwlsc005@gmail.com

Knights of Columbus:

Al Rizzuto
ajrbruins4@gmail.com
289-983-7305

SVDP:

Lorraine Martin ~ contact parish office

Prayer Warriors/Requests:

st.h.prayerwarriors@gmail.com

Parish Pastoral Council:

Chairperson: Anthony van Engelen
st.helen.ppc@gmail.com

Kindly complete the following and place in the collection box.

Envelopes will be on the round table in the foyer the following weekend.

New Parishioner*

Name _____

Address _____

I would like to use offertory envelopes*

Change of address

Phone _____

Moving

E-mail _____

City _____

Postal Code _____

Fifth Sunday in Ordinary Time - Year A - World Marriage Day

February 8, 2026

Mass Intentions

February 10 - 15, 2026

As we gather, let us remember and pray for . . .

Tue. ~St. Scholastica, Virgin.....	Feb. 10th
6:00pm	+ Jos Bischoff (by Mary Smeenk)	
Wed. ~Our Lady of Lourdes.....	Feb. 11th
9:00am	+ Cassius Kristomil Ustynsky (by Dorothy & Terry Miller)	
Thurs. ~		Feb. 12th
9:00am	+ Barbara Hack (by Colleen Drake)	
Fri. ~		Feb. 13th
10:00am	Special Int: Don & Rita Moyer (by Nancy Winslow)	
Albright		
Sat. ~		Feb. 14th
5:00pm	Pro Populo Dei	
Sun. ~		Feb. 15th
9:00am	Special Int. of Happy Birthday Vincenzo Pucci (by William & Patti Belancic)	
11:00am	+ Babies aborted in Kouame Family (by Kouame Family)	

ARE YOU REGISTERED IN OUR PARISH?

If you are new to the parish or have been attending Mass here, ensure that you are registered by completing the tear off section at the front of this bulletin. Please do not take for granted that you are registered in the parish just because you attend Mass here. In the future, should you be in need of a pastoral letter (godparent, school, sponsor for confirmation, teacher referral, etc.), it would be difficult to issue one if you are not formally registered with the parish. If you are not sure that your family is registered, call or email the office.

POPE LEO XIV FEBRUARY INTENTION

For children with incurable diseases

Let us pray that children suffering from incurable diseases and their families receive the necessary medical care and support, never losing strength and hope.



Adoration of the Blessed Sacrament this week on Tuesday, Wednesday and Thursday after 9:00am Mass.



This week the Sanctuary Lamp burns in memory

of

JOHN PACHEREVA

The Sanctuary Lamp burns to remind us of Christ's presence in the Blessed Sacrament of the altar.

SANCTUARY LAMP

Next available openings are on **July 5 & 12 and Aug 9** If you would like to book the lamp in memory of your loved one or any intention please, contact our parish office. Cost is \$35.00 per week.

DIOCESAN SEPARATED & DIVORCED HEALING MINISTRY SUPPORT GROUP

We meet every second and fourth Monday at Mount Carmel Spiritual Centre.

Next Meeting: February 9th, 2026 from 7:00-9:00pm

Topic: Sadness and Depression

For more information please call 905-356-4113 or email: separateanddivorced@saintcd.com

WORLD DAY OF THE SICK - FEBRUARY 11

The ministry of Jesus to the sick is central to the life of the Church. February 11 (*Memorial of Our Lady of Lourdes*) highlights the healing ministry of the Church. It reminds us that service to the sick and suffering cannot be neglected. It recognizes the great efforts of doctors, nurses, health care institutions and pastoral care givers to restore health to those afflicted with illness and disease.

To receive the weekly bulletin via email, make your request by email: sthelen@saintcd.com

Check us out: www.sthelenscatholic.ca
www.facebook.com/sthelenscatholic



THE VINEYARD



SUBSCRIPTIONS

The Vineyard, our diocesan journal has gone digital. To enrol for a free online subscription, please send an e-mail to: vineyard@saintcd.com .



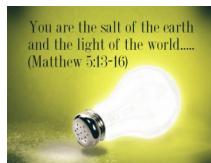
THURSDAY MORNING BINGO
In the St. Helen Church Hall
4106 Mountain Rd., Beamsville, ON
Doors open at 10:00am, Bingo games start at 11:00am
Delicious Lunch Available

FRIDAY EVENING BINGO

Pizza available at 6:00pm, games start at 7:00pm

FIFTH SUNDAY IN ORDINARY TIME

Your light shall break forth like the dawn. (*Isaiah 58*)
I proclaimed to you the mystery of Jesus Christ, and him crucified. (*1 Corinthians*)
You are the light of the world. (*Matthew 5*)



To be “**salt for the earth**” is to bring Christ’s compassion and hope into our homes, workplaces, schools and communities; our simplest acts of charity can be a “**light**” for our world and unmistakable evidence of the presence of God among us. Jesus’ call to his followers to be “**salt**” and “**light**” for the world is a challenge to live the Gospel we have heard and profess to believe. Until our hopes for justice become our work for justice, until our prayers for peace and unity in the world are first lived in our own home and community, until our professed belief in God as Father of all affects every one of our relationships, we are as good as flavorless salt, we are as useful as light hidden away under a basket.



ST. CARLO ACUTIS CHALLENGE

Calling all grade 5-12 students!! This is your invitation to take part in the Saint Carlo Acutis Challenge. Use your gifts and talents to create something (a video or song or dance, poem or essay, fashion project or social media campaign, etc.) that highlights an aspect of the faith that you are passionate about! The top prize for secondary students is \$1000.00, and the top prize for elementary students is \$500.00

Submission deadline is April 17, 2026.

Visit: bit.ly/Saint-Challenge for more information or check out our parish website or contact us at: evangelization@saintcd.com

WORLD DAY OF MARRIAGE

Bishop Bergie will be celebrating a Mass of Thanksgiving for all married couples.

Date: Sunday, February 8, 2026.

Time: 3:00pm

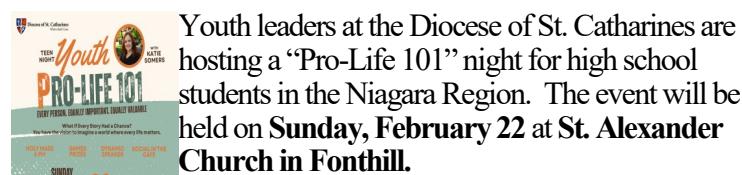
Location: Cathedral of St. Catherine of Alexandria

Address: Lyman Streets, St. Catharines, ON

*Mass is being celebrated for All Married Couples especially those with significant 2026 Anniversaries.

Reception to Follow. No registration needed.

TEEN NIGHT YOUTH PRO-LIFE 101



Youth leaders at the Diocese of St. Catharines are hosting a “Pro-Life 101” night for high school students in the Niagara Region. The event will be held on **Sunday, February 22 at St. Alexander Church in Fonthill.**

Katie Somers of Toronto Right to Life will be the guest speaker. There will be **Holy Mass at 6:00pm**, Games and Prizes and a Social in the Café. **ALL ARE WELCOME !!!**

NIAGARA FOUNDATION FOR CATHOLIC EDUCATION BENEFIT GALA

It’s an enjoyable evening with a delicious dinner and great fellowship that brings together a large cross section of the Niagara community including, clergy, religious, educators, local politicians, community association groups and businesses all in support of students in need outreach programs and scholarships for students attending Niagara Catholic District School Board schools. The Niagara Foundation for Catholic Education has scheduled its Annual Benefit Gala with honourary guest His Excellency Bishop Gerard Bergie for **Thursday, March 5th** at Club Roma, 125 Vansickle Road, St. Catharines. The Gala also features presentation of the Niagara Catholic Education Award of Distinction with recipient/recipients being recognized for having made a significant and positive contribution to Catholic education in Niagara.

The evening commences **at 6:00 p.m.** with a cash bar, free wine tasting, silent auction and a pre-dinner antipasto bar followed by a delicious meal that Club Roma is renowned for.

Tickets are \$100.00 per person and can be purchased individually or in tables of eight or ten. Please ensure that payment is made by **February 23** (\$30.00 tax receipt per ticket upon request) Purchase on line at www.niagaracatholic.ca or by cheque payable to Niagara Foundation for Catholic Education. Mailing address, 427 Rice Road, Welland, Ontario L3C 7C1 attention Anna Lisa Conidi. Further information call Linda Marconi 905-735-0240 extension 214 or email linda.marconi@ncdsb.com. Those attending will not only be assured of an enjoyable evening, but also a good feeling by knowing they have supported a worthy cause.

SAINT MICHAEL MEN'S SPEAKER SERIES



Speaker: Fr. Greg Merkley

Subject: From Atheist to Catholic Priest
“*Mercy is God’s Greatest Attribute.*” - St. Faustina

Date: Monday, **February 23, 2026**

Private Prayer and Confessions: 7:00pm

Talk: 7:30 pm

Social Hour: 8:30pm

Location: St. Helen’s Parish

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40 DAYS FOR LIFE



The 40 Days for Life, a campaign of peaceful prayer and fasting to end abortion, runs from Ash Wednesday, Feb. 18 until Palm Sunday, Mar. 29. You’re invited to choose an hour to stand and peacefully pray in the public right-of-way outside the Greater Niagara General Hospital. Can you spare one hour to help save a life? **Many babies have been saved through the 40 Days for Life. When you stand before God, will you be able to tell Him you stood up for His children?** You can also go to 40daysforlife.com and click on Niagara to sign up.



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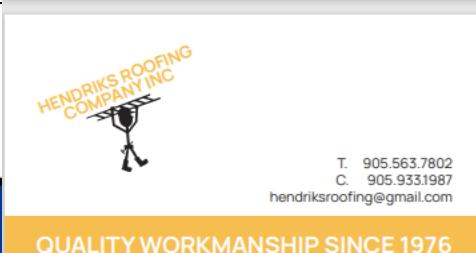
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