

St. Helen Church



4106 Mountain St.
Beamsville, ON L3J 0K9

Ph: 905-562-7427
Fax: 905-563-0003
Email: sthelen@saintcd.com



Opened - October 2, 1938

Est. as a Parish - January 1, 1986

Pastor: Rev. Krzysztof Szczepanik

Office Administration: Patti Belancic

Book keeping: Lidia Molinaro

Office hours:

Monday: 10:00am - 12:00pm

Tuesday - Friday: 10:00am - 2:00pm

Closed all Statutory holidays

Website: www.sthelenscatholic.ca

Sunday Masses:

Saturday: 5:00pm

Sunday: 9:00am & 11:00am

Weekday Masses:

Tuesday - Friday: 9:00am

(unless otherwise posted in the bulletin)

Adoration:

Daily after morning Mass weekdays

Sacraments:

Baptism:

Sundays at 12:30pm

Call parish office.

1st Communion & Confirmation

Contact the Parish Office.

Reconciliation:

Every Saturday 4:00pm - 4:30pm or by appointment with the priest.

Marriage:

Arrangements six months in advance.

Marriage preparation is required.

RCIA & RCIC:

Contact the Parish Office.

Anointing of the Sick:

Please let us know when someone has a serious or prolonged illness or is to have surgery.

Chronic Care Facilities:

Pastoral visits are made monthly.

Reception of Holy Communion is available to Catholic residents.

Catholic Funeral Rites:

When a death occurs in your family, please call the Parish Office and we will assist you in making the necessary liturgical arrangements.

Homebound:

Notify the Parish Office when serious illness occurs. When the sick, aged or incapacitated are confined to home for an extended time, pastoral visit can be arranged.

Schools:

St. Mark School

Principal: Jennifer DeCoff

Vice-Principal: Mary Lee Kelly

St. Edward School

Principal: Jeff Moccia

Contacts:

Music Ministry:

Anthony van Engelen

advel@yahoo.com

Ministry Scheduling & RFM:

Georgina Belanger ~ sthelenministryscheduling@gmail.com

Fundraising Events:

sthelen@saintcd.com

Facility & Grounds Maintenance:

Craig Luey

craig.luey@gmail.com

Catholic Women's League:

Alda Bianco-Dolino

cwls005@gmail.com

Knights of Columbus:

Al Rizzuto

ajrbruins4@gmail.com

289-983-7305

SVDP:

Lorraine Martin ~ *contact parish office*

Prayer Warriors/Requests:

st.h.prayerwarriors@gmail.com

Parish Pastoral Council:

Chairperson: Anthony van Engelen

st.helen.ppc@gmail.com

Kindly complete the following and place in the collection box.

Envelopes will be on the round table in the foyer the following weekend.

New Parishioner*

Name _____

Address _____

I would like to use offertory envelopes*

Change of address

Phone _____

Moving

E-mail _____

City _____

Postal Code _____

3rd Sunday of Lent - Year A

March 8, 2026

Mass Intentions March 10 - 15, 2026

As we gather, let us remember and pray for . . .

Tue.~	Mar. 10th
6:00pm	+ Joe and Nancy Daniel <i>(by Maria Marrese)</i>	
Wed. ~	Mar. 11th
9:00am	+ Pietro and Orsola Elia <i>(by Andrea & Teresa Cipro)</i>	
Thurs.~	Mar. 12th
9:00am	Special Int: Stojna Belancic <i>(by Darko Belancic)</i>	
9:30am	Stations of the Cross	
7:00pm	Adoration of the Blessed Sacrament	
Fri. ~	Mar. 13th
10:00am	+ Ray Liddiard <i>(by Nancy Winslow)</i>	
Albright		
Sat. ~	Mar. 14th
5:00pm	Pro Populo Dei	
Sun. ~	Mar. 15th
9:00am	Special Int: William Belancic <i>(by Patti Belancic)</i>	
11:00am	+ John Marchalewicz <i>(by Marchalewicz Family)</i>	



This week the Sanctuary Lamp burns in memory
of
ERNEST BRUNET

The Sanctuary Lamp burns to remind us of Christ's presence in the Blessed Sacrament of the altar.

SANCTUARY LAMP

Next available openings are on **August 16, 23, & 30**. If you would like to book the lamp in memory of your loved one or any intention please, contact our parish office. Cost is \$35.00 per week.

DIOCESAN SEPARATED & DIVORCED HEALING MINISTRY SUPPORT GROUP

We meet every second and fourth Monday at Mount Carmel Spiritual Centre.

Next Meeting: March 23, 2026 from 7:00-9:00pm
Topic: The Gift of the Holy Spirit, Deacon Gunther Eyer
For more information please call 905-356-4113 or email: separateanddivorced@saintcd.com

REGISTRATION FOR CONGRATULATORY MARRIAGE CERTIFICATE

Bishop Bergie will send a congratulatory certificate to married couples who have or will celebrate a 25th, 40th, 50th, 60th or 60th + anniversary in the year 2026. To receive a certificate, please contact the parish office.

RETROUVAILLE

Retrouvaille, meaning rediscovery, is a program for married couples designed to support marriages in crisis and can be of assistance to couples who have separated, but are willing to work on their relationship to help repair the difficulties that exist. Next program will be held on **March 13-15** in Hamilton. For further information: [call: 905-664-5212](tel:905-664-5212) or visit [online: www.retrouvaille.org](http://www.retrouvaille.org)

To receive the weekly bulletin via email, make your request by email: sthelen@saintcd.com
Check us out: www.sthelenscatholic.ca
www.facebook.com/sthelenscatholic



SUBSCRIPTIONS

The Vineyard, our diocesan journal has gone digital. To enrol for a free online subscription, please send an e-mail to: vineyard@saintcd.com.

POPE LEO XIV MARCH INTENTION

For disarmament and peace

Let us pray that nations move toward effective disarmament, particularly nuclear disarmament and that world leaders choose the path of dialogue and diplomacy instead of violence.



JOIN US THURSDAY MORNING
For the Stations of the Cross
following the morning Mass.



Adoration of the Blessed Sacrament this week on Tuesday after 6:00pm Mass, Wednesday after 9:00am Mass and Thursday at 7:00pm



THURSDAY MORNING BINGO

In the St. Helen Church Hall
4106 Mountain Rd., Beamsville, ON
Doors open at 10:00am, Bingo games start at 11:00am
Delicious Lunch Available

FRIDAY EVENING BINGO

Pizza available at 6:00pm, games start at 7:00pm

THIRD SUNDAY OF LENT

Give us water to drink. (*Exodus 17*)
 God's love has been poured into our hearts through the Holy Spirit that has been given to us. (*Romans 5*)
 The water that I will give will become a spring of water gushing up to eternal life. (*John 4*)

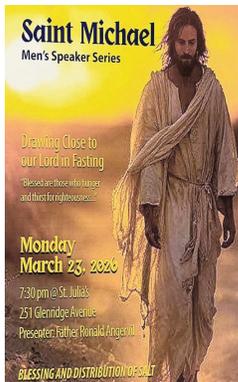


Water is the predominant symbol in today's readings: As water sustains life and cleans away the grime and filth that can diminish and destroy life, in the waters of baptism, the sins that alienate us from God are washed away and we are reborn in the Spirit of compassion and community.

All of us who have encountered Jesus are called to be reconcilers, not judges; we are called to lift people up, not drive them to their knees. In so many ordinary ways we can help one another realize new life and hope in Christ if we are willing to tear down the walls that divide us, to reach over the distances between us, to build bridges over chasms of mistrust and prejudice.

Easter transformation begins with a recognition of our sins and failings. As Jesus confronts the woman at the well with the reality of her own sinfulness and brokenness, we must confront our own sinfulness and, in doing so, realize our need for God. Sin is a reality in the lives of each one of us; but through Christ, forgiveness, reconciliation and rebirth, are just as real and possible.

SAINT MICHAEL MEN'S SPEAKER SERIES



Gentlemen of all ages are invited and welcome to attend.

Speaker: Fr. Ronald Angervil
Subject: Drawing Close to our Lord in Fasting

"Blessed are those who hunger and thirst for righteousness..."

Date: Monday, March 23, 2026

Confessions: 7:00pm

Talk: 7:30 pm

Social Hour: 8:30pm

Location: St. Julia's Parish

251 Glenridge Avenue, St. Catherine

*****BLESSING and DISTRIBUTION of SALT*****



Please join us for breakfast at **10:00am on Sunday, March 15th**. There will be no charge for the breakfast. (*Freewill offering accepted from those who are able*)

*Please sign up at the church entrance so we know how many people to cook for.



DEVELOPMENT AND PEACE - WOMEN PROTECTING THE EARTH



In Brazil, the lives of several communities are disrupted by industrial agriculture, mining and the Carajás railway. Women are at the heart of the fight to protect the land and the environment from the air, water and soil pollution that they cause. This pollution damages their kitchen gardens and harms the health of their children, families and neighbours. Courageously, these women resist to continue to exist on

their land. To assert and protect their rights, they formed a women's association called Seeds of the Earth with the support of **Justiça nos Trilhos (JnT)**, a partner of Development and Peace - Caritas Canada. Discover JnT's work in our Mini-magazine and learn more about the women by watching their testimonies at devp.org/lent.

1. **By donating** online at devp.org/give or during the Solidarity Sunday collection on **March 22**, the fifth Sunday of Lent. Your generosity helps support over 59 projects in 34 countries around the world!
2. **Get the Mini-magazine** at the entrance of the church.

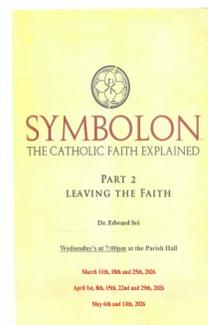
40 DAYS FOR LIFE



The 40 Days for Life, a campaign of peaceful prayer and fasting to end abortion, runs from Ash Wednesday, **Feb. 18** until Palm Sunday, **Mar. 29**. You're invited to choose an hour to stand & peacefully pray outside the Greater Niagara General Hospital.

Can you spare one hour to help save a life? **Many babies have been saved through the 40 Days for Life. When you stand before God, will you be able to tell Him you stood up for His children?** You can also go to 40daysforlife.com and click on **Niagara** to sign up.

SYMBOLON - THE CATHOLIC FAITH EXPLAINED



Everyone is welcome to our 2nd part of program "Symbolon" by Dr. Edward Sri. The second part (10 sessions) "**The Catholic Faith Explained - Living the Faith**" will begin on **March 11th at 7:00pm**. at the parish hall. Participant's book - strongly encouraged for purchase (\$30.00) will be available. Please register on our sign-up sheets so we will know how many books to order.

BECOME A PRAYER WARRIOR & JOIN OUR ST. HELEN EMAIL PRAYER MINISTRY



Be part of a simple but powerful ministry, praying for others through e-mail. If you have a request or would like to be part of this ministry, please get in touch with:

st.h.prayerwarriors@gmail.com

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John (JD) Pachereva
Councillor

jd pachereva@lincoln.ca
905-563-2799 ext. 306 cell 905-933-1333
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