

# St. Helen Church



4106 Mountain St.  
Beamsville, ON L3J 0K9

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Email: [sthelen@saintcd.com](mailto:sthelen@saintcd.com)



Opened - October 2, 1938

Est. as a Parish - January 1, 1986

**Pastor:** Rev. Krzysztof Szczepanik

**Office Administration:** Patti Belancic

**Book keeping:** Lidia Molinaro

## Office hours:

Monday: 10:00am - 12:00pm

Tuesday - Friday: 10:00am - 2:00pm

Closed all Statutory holidays

**Website:** [www.sthelenscatholic.ca](http://www.sthelenscatholic.ca)

## Sunday Masses:

Saturday: 5:00pm

Sunday: 9:00am & 11:00am

## Weekday Masses:

Tuesday - Friday: 9:00am

(unless otherwise posted in the bulletin)

## Adoration:

Daily after morning Mass weekdays

## Sacraments:

### Baptism:

Sundays at 12:30pm

Call parish office.

### 1st Communion & Confirmation

Contact the Parish Office.

### Reconciliation:

Every Saturday 4:00pm - 4:30pm or by appointment with the priest.

### Marriage:

Arrangements six months in advance.

Marriage preparation is required.

### RCIA & RCIC:

Contact the Parish Office.

### Anointing of the Sick:

Please let us know when someone has a serious or prolonged illness or is to have surgery.

### Chronic Care Facilities:

Pastoral visits are made monthly.

Reception of Holy Communion is available to Catholic residents.

### Catholic Funeral Rites:

When a death occurs in your family, please call the Parish Office and we will assist you in making the necessary liturgical arrangements.

### Homebound:

Notify the Parish Office when serious illness occurs. When the sick, aged or incapacitated are confined to home for an extended time, pastoral visit can be arranged.

## Schools:

### St. Mark School

Principal: Jennifer DeCoff

Vice-Principal: Mary Lee Kelly

### St. Edward School

Principal: Jeff Moccia

## Contacts:

### Music Ministry:

Anthony van Engelen

[advel@yahoo.com](mailto:advel@yahoo.com)

### Ministry Scheduling & RFM:

Georgina Belanger ~ [sthelenministryscheduling@gmail.com](mailto:sthelenministryscheduling@gmail.com)

### Fundraising Events:

[sthelen@saintcd.com](mailto:sthelen@saintcd.com)

### Facility & Grounds Maintenance:

Craig Luey

[craig.luey@gmail.com](mailto:craig.luey@gmail.com)

### Catholic Women's League:

Alda Bianco-Dolino

[cwls005@gmail.com](mailto:cwls005@gmail.com)

### Knights of Columbus:

Al Rizzuto

[ajrbruins4@gmail.com](mailto:ajrbruins4@gmail.com)

289-983-7305

### SVDP:

Lorraine Martin ~ *contact parish office*

### Prayer Warriors/Requests:

[st.h.prayerwarriors@gmail.com](mailto:st.h.prayerwarriors@gmail.com)

### Parish Pastoral Council:

Chairperson: Anthony van Engelen

[st.helen.ppc@gmail.com](mailto:st.helen.ppc@gmail.com)

*Kindly complete the following and place in the collection box.*

*Envelopes will be on the round table in the foyer the following weekend.*

New Parishioner\*

Change of address

Moving

Name \_\_\_\_\_

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E-mail \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

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Postal Code \_\_\_\_\_

# Pentecost Sunday - Year A

## May 24, 2026

### Mass Intentions May 26 - 31, 2026

As we gather, let us remember and pray for . . .

Tues. ~ 9:00am	..... <b>St. Philip Neri, Priest</b> ..... May 26th + Anita Crevatin <i>(by Maria &amp; Lino Hrvatin)</i> +Bill Thomson <i>(by Angus Reid)</i>
Wed.~ 9:00am	..... May 27th + Vittoria Ballatore + Fulvio Ricci <i>(by Dellio &amp; Liliana Ricci)</i>
Thurs. ~ 9:00am	..... May 28th + Gino Francavilla <i>(by Kate &amp; Steve D'Onofrio)</i> + Shawn Mitchell <i>(by Yvonne MacNiven)</i>
Fri. ~ 9:00am	..... May 29th + Nando Marrese <i>(by Maria Marrese)</i>
Sat.~ 5:00pm	..... May 30th Pro Populo Dei
Sun.~ 9:00am 11:00am	..... <b>The Most Holy Trinity</b> ..... May 31st Thanksgiving for <b>30 years</b> of priesthood for: Fr. Krzysztof + <i>John Haight</i> <i>(by Zofia Haight &amp; Family)</i>

### POPE LEO XIV MAY INTENTION

*That everyone might have food*

Let us pray that everyone, from large producers to small consumers, be committed to avoid wasting food and to ensure that everyone has access to quality food.

### PRAYER FOR OUR POPE LEO XIV

Let us pray for Pope Leo XIV.....

May the Lord protect him and grant him length of days.  
May the Lord be his shield and deliver him from all harm. May the Lord give him happiness and peace all the days of his life.

Amen

### BECOME A PRAYER WARRIOR & JOIN OUR ST. HELEN EMAIL PRAYER MINISTRY



Be part of a simple but powerful ministry, praying for others through email. If you have a request or would like to be part of this ministry, please get in touch with: [st.h.prayerwarriors@gmail.com](mailto:st.h.prayerwarriors@gmail.com)



This week the Sanctuary Lamp burns in memory of

**ANJELINA & ALEX PROKICH**

The Sanctuary Lamp burns to remind us of Christ's presence in the Blessed Sacrament of the altar.

### SANCTUARY LAMP

There are no longer any openings for the Sanctuary Lamp this year. We will keep you posted when our 2027 calendar arrives.

### DIOCESAN SEPARATED & DIVORCED HEALING MINISTRY SUPPORT GROUP

We meet every second and fourth Monday at Mount Carmel Spiritual Centre.

**Next Meeting: May 25, 2026 from 7:00pm-9:00pm**  
**Topic: Self Esteem**

For more information please call 905-684-0154 or email: [separatedanddivorced@saintcd.com](mailto:separatedanddivorced@saintcd.com)

### SPANISH MASS



The Spanish Mass is celebrated every other week at 7:00 pm. Next Mass will be **May 24th**. If you know a farmer who may have some Hispanic Migrant workers, please spread the word. Looking for volunteer drivers who will bring migrant workers to the Mass. If interested please call Deacon Fabio at 289-547-1999.



Adoration of the Blessed Sacrament this week on Tuesday, Wednesday, Thursday & Friday after 9:00am Mass



**THURSDAY MORNING BINGO**  
In the St. Helen Church Hall  
4106 Mountain Rd., Beamsville, ON  
Doors open at 10:00am, Bingo games start at 11:00am  
Delicious Lunch Available

**FRIDAY EVENING BINGO**  
Pizza available at 6:00pm, games start at 7:00pm

## PENTECOST SUNDAY

### *Forgiven Forgivers*

God's mighty acts empower and unify. (*Acts*)  
 The unifying power of the Holy Spirit. (*1 Cor*)  
 Jesus equips the disciples to be instruments of forgiveness. (*John*)



If you've been watching TV hospital dramas for a long time you may remember Dr. Kildare. Richard Chamberlain played that role back in the 1960s. More recently you may have viewed programs like "ER," "House," "Scrubs," "Grey's Anatomy" and "General Hospital" to cite a few. A dramatic moment in many hospital dramas is when the patient's EKG monitor stops beeping. The once pulsing line on the screen goes flat and a dull, warning tone signals that death is only seconds away.

It's time for fast action, and the famous defibrillator comes to the rescue. The doctors place the electric pads on the patient's chest and dramatically shout, "Clear!" The patient rolls under the shock of 200 joules and sags back motionless. The charge is increased and, just in time, the second try re-starts the heartbeat. The flat line breaks into little pops of life, and the dull tone returns to happy beeping.

Sometimes, when our faith life flatlines we need the power of Pentecost to jolt us back into action. As described in today's first reading from the Acts of the Apostles, the Holy Spirit descended as tongues of fire. The "divine lightning" zapped down and touched the disciples, empowering them to go forth and preach the Gospel to all nations. -- *Deacon Dick Folger*

### **Reflection**

- When were you "filled with the Holy Spirit?"
- What happened? What did you do, feel?
- How do you live in the Spirit?
- When does your parish community live in the Spirit?

The problem of forming Christ in us is not to be solved by our own efforts. It is not a matter of studying the Gospels and then working to put our ideas into practice, although we should try and do that too, but always under the guidance of grace, in complete subjection to the Holy Spirit.

For if we depend on our own ideas, our own judgment and our own efforts to reproduce the life of Christ, we will only act out some pious charade which will ultimately scare everybody we meet because it will be so stiff and artificial and so dead.

### PRAYER SHAWL MEETING

There will be a Prayer Shawl meeting on **Tuesday, May 26 at 10:00am.**

Please enter the hall by the lower doors. **ALL ARE WELCOME !!!**



To receive the weekly bulletin via email, make your request by email: [sthelen@saintcd.com](mailto:sthelen@saintcd.com)

## SAINT MICHAEL MEN'S SPEAKER SERIES



Gentlemen of all ages are invited and welcome to attend.

**Speaker:** Fr. Janusz Roginski  
**Subject: The Holy Spirit: the Paraclete**  
 "...your God has set you above your companions by anointing you with the oil of joy"

**Date: Monday, June 8, 2026**

**Confessions: 7:00pm**

**Talk: 7:30 pm**

**Social Hour: 8:30pm**

**Location: Holy Rosary Church**

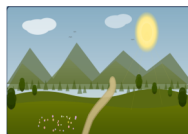
21 Queen St. South, Thorold

\*\*\**BLESSING of Olive Oil*\*\*\*

### FAMILY HIKE & BARBEQUE

All families are invited to participate in our **Family Hike and Barbecue** this **Sunday, May 24th**, starting at **12:30pm** at the Kinsmen Park - 3820 Frost Rd Beamsville - top of the escarpment. Following the hike, we will have a barbecue and soccer game at the park. Goodwill offering for St. Helen's charitable works. Sign up sheets can be found at the entrance of the church.

You and Your Family Are Invited to a  
**FAMILY TRAIL HIKE**  
 &  
**BARBEQUE**



\*\*\**Hosted by St. Helen's Knights of Columbus*\*\*\*

### PRAYER FOR OUR PRIESTS



Lord Jesus Christ, You love Your church and those called to share your priesthood. With our love and prayers, we join You in asking our Heavenly Father to continue to pour out His gifts of holiness, compassion and ardent zeal on your priests everywhere. Inspire each of them to offer his life as an "Ambassador of Christ," bringing reconciliation and healing to the world. Mary, Mother of all Priests, inspire us to live in peace and joy and pray this prayer with us. Amen.

### CWL ANNOUNCEMENT



There will be no CWL evening Mass on Tuesday, June 2nd, however, members will be contacted regarding an alternate event in June.

### THANK YOU HEARTS ON FIRE VOLUNTEERS

To all our tireless committee organizers, volunteers, especially Rebecca Williams, whose vision for this retreat was beautifully executed. To all the priests: Fr. Krzys, Fr. Rico, Fr. Daniel, Fr. Christopher, Sister Amanda from Sacred Heart school, thank you for all your meaningful and inspirational wisdom. Thank you also, Nicholas Ali and Frank Capisciolto from St. Catharines diocese, for your support during planning, as well as facilitating a faith filled day for the youth. All your generosity and hard work have made this celebration a success !!!

### CONGRATULATIONS

Congratulation to all Gr.2 and Gr.8 students who have received their Sacraments of First Holy Communion and Confirmation this month. May the Risen Lord walk with you always as you continue your spiritual journey in our parish family.

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